

**2019 Centennial Conference Outdoor Track & Field Championships - 5/3/2019 to 5**  
**Muhlenberg College**  
**Results**

**Event 1 Women Javelin Throw**

Conference: C 48.53m 5/5/2002 Kathy Darling, Johns Hopkins						
Meet Record: M 48.53m 5/5/2002 Kathy Darling, Johns Hopkins						
Name	Year	School	Finals	H#	Points	
<b>Finals</b>						
1 Montane, Veronica	SO	Johns Hopkins	41.39m	135-09	1	10
38.90m 36.77m 37.76m 38.38m 37.04m 41.39m						
2 Zimmerman, Maya	SO	Swarthmore	35.94m	117-11	2	8
35.06m 31.95m 35.94m 35.30m 35.25m 34.58m						
3 Groble, Analisa	FR	Dickinson	35.48m	116-05	2	6
35.48m 33.65m 33.83m 32.25m 33.15m 34.35m						
4 Kveragas, Megan	FR	Muhlenberg	34.86m	114-04	2	5
34.32m 31.90m FOUL 30.90m 34.86m 33.35m						
5 Mangione, Katherine	FR	Gettysburg	34.61m	113-06	2	4
31.53m 29.56m 34.61m FOUL 29.36m 33.71m						
6 Vresilovic, Rachel	JR	Swarthmore	33.07m	108-06	2	3
31.37m 32.05m 33.07m 32.61m 32.44m FOUL						
7 Bordonaro, Mikaela	SR	Ursinus	31.29m	102-08	2	2
30.94m FOUL 31.00m FOUL 28.93m 31.29m						
8 Horton, Marite	SO	Haverford	31.09m	102-00	2	1
28.11m 31.09m 30.38m 27.12m 30.19m 30.05m						
9 Durrwachter, Neve	FR	Ursinus	29.52m	96-10	2	
29.52m FOUL 28.26m 27.29m FOUL 28.64m						
10 Yanoff, Zenya	FR	Ursinus	29.28m	96-01	2	
29.28m FOUL 25.09m						
11 Ireland, Jill	SO	Franklin & Marshall	28.42m	93-03	1	
27.76m 26.07m 28.42m						
12 Rueda-Juarez, Vikki	SO	Ursinus	26.58m	87-02	1	
26.58m 24.90m FOUL						
13 Bianco Riley, Diana	SO	Gettysburg	25.32m	83-01	1	
25.32m 23.78m 24.84m						
14 Case, Sarah	FR	McDaniel	24.25m	79-07	2	
23.88m 24.25m FOUL						
15 Meyer, Mackenzie	SO	McDaniel	24.10m	79-01	1	
22.85m 22.91m 24.10m						
16 Wain, Cat	SR	Johns Hopkins	22.02m	72-03	1	
22.02m FOUL 16.90m						
17 Deal, Ashley	FR	McDaniel	21.67m	71-01	1	
21.67m 21.05m 20.65m						
18 Stouffer, Alison	JR	Muhlenberg	20.53m	67-04	1	
20.53m FOUL FOUL						
19 Gutierrez, Annie	SO	Johns Hopkins	18.43m	60-05	1	
FOUL 18.43m FOUL						
20 Messer, Emily	JR	Dickinson	17.86m	58-07	1	
17.86m 17.65m FOUL						
21 Haye, Rashida	JR	Muhlenberg	17.60m	57-09	1	
FOUL FOUL 17.60m						

**Event 2 Men Javelin Throw**

Conference: C 68.64m 3/29/2015 Tyler Bauer, Muhlenberg			
Meet Record: M 63.77m 2013 Tyler Bauer, Muhlenberg			
Name	Year	School	Points

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**....Event 2 Men Javelin Throw**

1	Felix, Mike	SO Ursinus	58.81m	192-11	10
	52.69m 53.46m 55.73m	FOUL 58.81m 53.53m			
2	Erisman, Tanner	SR Franklin & Marshall	53.55m	175-08	8
	51.34m 53.00m 52.81m	51.66m 53.51m 53.55m			
3	Bittenbender, Austin	JR Ursinus	53.32m	174-11	6
	50.34m FOUL 49.08m	50.23m 51.88m 53.32m			
4	Ellis, Zach	FR Johns Hopkins	52.28m	171-06	5
	48.66m 52.28m 51.17m	47.18m 47.73m 47.50m			
5	Brown, Matthew	FR Gettysburg	50.90m	167-00	4
	44.35m 48.12m 47.77m	50.24m 50.90m 48.26m			
6	DiGuglielmo, Tim	FR Muhlenberg	50.62m	166-01	3
	50.56m 49.50m 49.64m	FOUL FOUL 50.62m			
7	Cerbin, Luca	FR Swarthmore	49.84m	163-06	2
	FOUL 48.43m 46.04m	46.89m 48.15m 49.84m			
8	Giannetti, Evan	SO Ursinus	49.09m	161-01	1
	49.09m FOUL FOUL FOUL	FOUL FOUL 48.47m			
9	Battles, Kyle	FR Johns Hopkins	47.35m	155-04	
	41.48m 46.08m 39.06m	47.35m FOUL 45.40m			
10	Lippe, David	SO Ursinus	45.60m	149-07	
	45.60m 41.01m 43.26m				
11	Marrone, Ryan	SR Swarthmore	39.18m	128-06	
	FOUL 39.18m FOUL				
12	Kimmel, Ellis	JR Dickinson	34.81m	114-02	
	34.75m 33.02m 34.81m				
13	Miller-Sobel, Ben	JR Muhlenberg	34.09m	111-10	
	34.09m FOUL FOUL				
14	Porter, Mitchell	FR Johns Hopkins	32.97m	108-02	
	32.15m 32.23m 32.97m				
--	Groucke, Riley	SO Ursinus	FOUL		
	FOUL FOUL FOUL				

**Event 3 Women Shot Put**

Conference: C 15.14m 5/3/2015 Osazenioriuwa Ebose, Swarthmore						
Meet Record: M 15.14m 2015 Osazenioriuwa Ebose, Swarthmore						
Name	Year	School	Finals	H#	Points	
1 Conley, Clay		JR Swarthmore	12.58m	41-03.25	2	10
	11.38m 12.50m 10.51m	11.90m 11.16m 12.58m				
2 Neff, Kelsey		SO Johns Hopkins	12.19m	40-00.00	2	8
	12.19m FOUL 11.65m	11.56m FOUL FOUL				
3 Powers, Lindsey		SR Franklin & Marshall	11.94m	39-02.25	2	6
	11.06m 11.92m 11.59m	11.17m 11.32m 11.94m				
4 Bisignani, Mikayla		SO Johns Hopkins	11.61m	38-01.25	2	5
	11.14m 11.26m FOUL	11.30m 11.61m 11.34m				
5 Bronkema, Naomi		JR Swarthmore	11.00m	36-01.25	2	4
	10.37m 11.00m 10.78m	FOUL 10.83m 10.21m				
6 Ayoh, Christine		SO Swarthmore	10.94m	35-10.75	2	3
	9.63m 10.94m 9.60m	10.04m 10.04m 10.41m				
7 Steffan, Emma		FR Franklin & Marshall	10.83m	35-06.50	2	2
	9.78m 9.75m 10.83m	FOUL 9.49m 9.98m				
8 Smith, Mary		JR Dickinson	10.71m	35-01.75	2	1
	9.85m 10.71m 10.66m	10.56m 10.46m 10.71m				
9 Mangaroo, Nicole		FR Gettysburg	10.67m	35-00.25	1	
	10.07m 10.67m FOUL	10.29m FOUL 9.55m				

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**....Event 3 Women Shot Put**

10	Tuberville, Unique	JR Haverford	10.45m	34-03.50	2
	9.52m 10.05m 10.45m				
11	Vresilovic, Rachel	JR Swarthmore	10.24m	33-07.25	1
	9.73m 10.24m 10.03m				
12	Bianco Riley, Diana	SO Gettysburg	9.63m	31-07.25	1
	9.40m 9.29m 9.63m				
13	Rueda-Juarez, Vikki	SO Ursinus	9.56m	31-04.50	1
	9.56m FOUL FOUL				
14	Beck, Jenny	SO Dickinson	9.32m	30-07.00	1
	9.27m 9.32m 9.07m				
15	Horton, Marite	SO Haverford	9.24m	30-03.75	1
	9.08m 9.09m 9.24m				
16	Mangione, Katherine	FR Gettysburg	9.05m	29-08.25	1
	9.05m FOUL FOUL				
17	Case, Sarah	FR McDaniel	8.66m	28-05.00	1
	8.56m 8.66m FOUL				
17	Deal, Ashley	FR McDaniel	8.66m	28-05.00	1
	8.66m 8.21m 8.61m				
--	Simoes, Sophia	JR Ursinus	FOUL		2
	FOUL FOUL FOUL				

**Event 4 Men Shot Put**

Conference: C 16.80m 1998							Nate Grim, Gettysburg	
Meet Record: M 16.10m 2006							Joe Awantang, Haverford	
Name	Year	School				Finals	Points	
1 Hunt, Jared	SR	Swarthmore	15.15m	14.36m	14.27m	14.10m 13.60m 14.34m	49-08.50 10	
2 Emerson, Billy	SR	McDaniel	14.38m	13.91m	13.85m	13.49m FOUL 14.38m FOUL	47-02.25 8	
3 McMann, Griffin	SO	Ursinus	14.33m	12.72m	FOUL	13.32m 14.08m 14.00m 14.33m	47-00.25 6	
4 Marrone, Ryan	SR	Swarthmore	13.86m	12.39m	13.42m	13.41m 13.58m 13.20m 13.86m	45-05.75 5	
5 Galbraith, Nick	FR	Ursinus	13.34m	12.44m	12.74m	13.34m FOUL FOUL 12.75m	43-09.25 4	
6 Hartman, Brock	SO	Dickinson	12.68m	11.88m	11.81m	FOUL 11.97m FOUL 12.68m	41-07.25 3	
7 Rothstein, Sam	SO	Muhlenberg	11.89m	11.52m	11.76m	11.86m 11.56m 11.46m 11.89m	39-00.25 2	
8 Battles, Kyle	FR	Johns Hopkins	11.45m	10.97m	10.97m	11.35m 11.45m 11.39m 11.27m	37-06.75 1	
9 Becker, Sean	FR	Johns Hopkins	11.38m	11.38m	11.02m	10.72m 11.21m 11.29m 10.62m	37-04.00	
10 Canedy, Justin	FR	Johns Hopkins	11.29m	10.16m	10.56m	11.29m	37-00.50	
11 Berger, Erik	SR	Muhlenberg	11.02m	10.71m	FOUL	11.02m	36-02.00	
12 Moye, James	SO	McDaniel	11.00m	FOUL	10.67m	11.00m	36-01.25	
13 Villarreal, Francisco	SR	Dickinson	10.55m	FOUL	FOUL	10.55m	34-07.50	
14 Psaradakis, George	SO	Ursinus	9.74m	FOUL	9.74m	FOUL	31-11.50	

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**....Event 4 Men Shot Put**

-- West, Alex JR McDaniel FOUL  
 FOUL FOUL FOUL

**Event 5 Women Discus Throw**

Conference: C 51.04m 5/4/2003 Kathy Darling, Johns Hopkins  
 Meet Record: M 51.02m 5/4/2003 Kathy Darling, Johns Hopkins

Name	Year	School	Finals	H#	Points
1 Bisignani, Mikayla	SO	Johns Hopkins	44.29m	145-04	2 10
FOUL 32.65m 38.57m 39.59m FOUL 44.29m					
2 Conley, Clay	JR	Swarthmore	39.20m	128-07	2 8
39.20m FOUL 38.35m 30.01m 35.84m 38.95m					
3 Vresilovic, Rachel	JR	Swarthmore	36.70m	120-05	2 6
35.85m FOUL 34.87m 34.82m 35.48m 36.70m					
4 Powers, Lindsey	SR	Franklin & Marshall	34.76m	114-00	2 5
33.47m FOUL FOUL 34.21m 34.15m 34.76m					
5 Mangaroo, Nicole	FR	Gettysburg	34.62m	113-07	2 4
FOUL 33.21m 33.55m FOUL 34.62m FOUL					
6 Simoes, Sophia	JR	Ursinus	34.34m	112-08	2 3
30.16m 32.95m 33.57m 32.80m 33.89m 34.34m					
7 Rueda-Juarez, Vikki	SO	Ursinus	33.68m	110-06	1 2
29.62m 29.30m 33.68m 32.08m FOUL FOUL					
8 Smith, Mary	JR	Dickinson	33.58m	110-02	2 1
33.58m 31.76m FOUL 30.89m 32.62m FOUL					
9 Mangione, Katherine	FR	Gettysburg	32.52m	106-08	2
FOUL 32.52m 30.80m FOUL FOUL 28.27m					
10 Posta, Abigail	JR	Swarthmore	30.15m	98-11	1
29.97m 30.15m 29.54m					
11 Bianco Riley, Diana	SO	Gettysburg	29.91m	98-01	1
FOUL 28.40m 29.91m					
12 Messer, Emily	JR	Dickinson	27.72m	90-11	1
27.33m FOUL 27.72m					
13 Case, Sarah	FR	McDaniel	27.68m	90-10	1
FOUL FOUL 27.68m					
14 Beck, Jenny	SO	Dickinson	27.32m	89-07	1
27.32m FOUL 22.94m					
15 Deal, Ashley	FR	McDaniel	26.13m	85-09	1
24.17m 26.13m FOUL					
16 Steffan, Emma	FR	Franklin & Marshall	25.04m	82-02	1
24.76m FOUL 25.04m					
-- Neff, Kelsey	SO	Johns Hopkins	FOUL		2
FOUL FOUL FOUL					
-- Alessi, Jessica	FR	Gettysburg	FOUL		2
FOUL FOUL FOUL					

**Event 6 Men Discus Throw**

Conference: C 52.60m 4/24/2015 Andre Hinds, Gettysburg  
 Meet Record: M 51.89m 2016 Andrew Hinds, Gettysburg

Name	Year	School	Finals	Points
1 Marrone, Ryan	SR	Swarthmore	48.97m	160-08 10
47.72m 45.75m 46.65m 46.73m 47.18m 48.97m				

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**....Event 6 Men Discus Throw**

2	Hunt, Jared	SR Swarthmore	44.75m	146-10	8
	40.33m 38.80m FOUL 44.75m 42.36m FOUL				
3	Emerson, Billy	SR McDaniel	43.67m	143-03	6
	39.82m 43.67m FOUL 43.41m FOUL FOUL				
4	McMann, Griffin	SO Ursinus	38.81m	127-04	5
	38.81m 36.79m 38.75m FOUL 37.20m FOUL				
5	Berger, Erik	SR Muhlenberg	37.76m	123-11	4
	36.99m 37.76m 36.81m 36.60m FOUL 37.04m				
6	Cortese, Michael	SR Gettysburg	37.50m	123-00	3
	FOUL FOUL 35.67m 37.45m 36.44m 37.50m				
7	Hartman, Brock	SO Dickinson	37.11m	121-09	2
	37.11m FOUL 36.65m 34.73m 37.00m 35.59m				
8	Lotz, James	SO Dickinson	34.39m	112-10	1
	34.39m FOUL 34.13m FOUL FOUL 32.78m				
9	Canedy, Justin	FR Johns Hopkins	33.63m	110-04	
	25.57m 28.50m FOUL FOUL FOUL 33.63m				
--	Galbraith, Nick	FR Ursinus	FOUL		
	FOUL FOUL FOUL				

**Event 7 Women Hammer Throw**

=====						
Conference: C 49.78m 2009		Alyssa Catalano, Franklin & Marshall				
Meet Record: M 46.21m 2017		Sara Graham, Gettysburg				
Name	Year	School	Finals	H#	Points	
=====						
1	Conley, Clay	JR Swarthmore	41.11m	134-10	2	10
	41.11m 37.93m 40.38m FOUL 38.41m 41.07m					
2	Tuberville, Unique	JR Haverford	38.26m	125-06	2	8
	38.26m FOUL 37.61m FOUL 36.26m FOUL					
3	Bronkema, Naomi	JR Swarthmore	37.78m	123-11	2	6
	36.74m 37.22m 36.10m 37.78m 32.46m 34.05m					
4	Vresilovic, Rachel	JR Swarthmore	36.14m	118-07	2	5
	32.98m 35.29m FOUL 33.83m 36.14m FOUL					
5	Simoos, Sophia	JR Ursinus	35.74m	117-03	2	4
	32.64m FOUL 33.08m FOUL 35.35m 35.74m					
6	Smith, Mary	JR Dickinson	35.57m	116-08	2	3
	26.04m FOUL 31.85m FOUL 35.57m FOUL					
7	Alessi, Jessica	FR Gettysburg	34.61m	113-06	1	2
	34.61m 30.63m FOUL 32.70m FOUL 29.92m					
8	Bordonaro, Mikaela	SR Ursinus	34.57m	113-05	2	1
	FOUL 32.64m 33.72m FOUL 32.52m 34.57m					
9	Bianco Riley, Diana	SO Gettysburg	32.85m	107-09	2	
	32.85m 31.60m 30.38m FOUL 31.33m 29.67m					
10	Steffan, Emma	FR Franklin & Marshall	31.32m	102-09	1	
	30.11m 29.66m 31.32m					
11	Yanoff, Zenya	FR Ursinus	31.25m	102-06	2	
	28.84m 31.25m FOUL					
12	Posta, Abigail	JR Swarthmore	30.24m	99-02	1	
	30.24m FOUL 28.16m					
13	Wesolek, Abby	FR Muhlenberg	29.95m	98-03	1	
	29.52m FOUL 29.95m					
14	Neff, Kelsey	SO Johns Hopkins	29.85m	97-11	1	
	FOUL 29.85m FOUL					
15	Nelson, Sophia	JR Haverford	27.56m	90-05	1	
	27.56m FOUL FOUL					

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**....Event 7 Women Hammer Throw**

16 Messer, Emily	JR Dickinson	26.07m	85-06	1
FOUL FOUL 26.07m				
17 Ayoh, Christine	SO Swarthmore	24.52m	80-05	1
23.63m FOUL 24.52m				
18 Lissner, Jill	SO Muhlenberg	23.35m	76-07	1
23.35m 22.94m 23.27m				

**Event 8 Men Hammer Throw**

Conference: C 53.09m 5/4/2018 Zach Jacobson, Johns Hopkin					
Meet Record: M 53.09m 5/4/2018 Zach Jacobson, Johns Hopkin					
Name	Year	School	Finals	Points	
=====					
1 Galbraith, Nick	FR	Ursinus	40.44m	132-08	10
40.44m FOUL FOUL FOUL 38.22m 40.06m					
2 Hunt, Jared	SR	Swarthmore	38.50m	126-04	8
38.50m FOUL 31.87m 33.97m 35.01m 36.54m					
3 Cortese, Michael	SR	Gettysburg	37.30m	122-04	6
35.71m FOUL 36.31m FOUL 37.30m 37.24m					
4 Davis, Brandon	SR	Franklin & Marshall	36.91m	121-01	5
36.91m FOUL 36.49m FOUL FOUL FOUL					
5 Villarreal, Francisco	SR	Dickinson	35.25m	115-08	4
FOUL 35.25m FOUL FOUL FOUL FOUL					
6 Psaradakis, George	SO	Ursinus	34.20m	112-02	3
34.03m FOUL 32.22m 33.89m 33.26m 34.20m					
7 Lotz, James	SO	Dickinson	33.89m	111-02	2
33.89m FOUL 31.36m FOUL FOUL 33.34m					
8 Rothstein, Sam	SO	Muhlenberg	31.74m	104-02	1
FOUL 31.62m 31.72m 30.55m FOUL 31.74m					
9 Becker, Sean	FR	Johns Hopkins	28.82m	94-07	
27.67m 28.82m 27.23m 27.93m 27.46m FOUL					
10 Urrutia, Joshua	SO	Franklin & Marshall	27.43m	90-00	
23.32m 23.42m 27.43m					
11 Ellis, Zach	FR	Johns Hopkins	26.92m	88-04	
24.49m 26.92m FOUL					
12 Licht, Jake	FR	Dickinson	25.91m	85-00	
FOUL 25.91m FOUL					
-- Hartman, Brock	SO	Dickinson	FOUL		
FOUL FOUL FOUL					

**Event 9 Women High Jump**

Conference: C 1.69m 1998 Katrina Beck/Beth Castagno, Muhlenberg/Gettysb					
Meet Record: M 1.68m 2013 Celina Sooksatan, Ursinus					
Name	Year	School	Finals	Points	
=====					
1 Hammonds, Maya	SR	Johns Hopkins	1.59m	5-02.50	10
1.34 1.39 1.44 1.49 1.54 1.59 1.64					
P P P O XXO O XXX					
2 Bronkema, Naomi	JR	Swarthmore	1.54m	5-00.50	8
1.34 1.39 1.44 1.49 1.54 1.59					
P P O O O XXX					
3 Sues, Natalie	JR	Dickinson	1.49m	4-10.50	5.50
1.34 1.39 1.44 1.49 1.54					
O O XO XO XXX					

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**....Event 9 Women High Jump**

3	Pienkos, Anna	FR Gettysburg	1.49m	4-10.50	5.50
	1.34 1.39 1.44 1.49 1.54				
	P O XO XO XXX				
5	Speranza, Gianna	SO Ursinus	J1.49m	4-10.50	4
	1.34 1.39 1.44 1.49 1.54				
	P P XXO XO XXX				
6	Mangaroo, Nicole	FR Gettysburg	J1.49m	4-10.50	3
	1.34 1.39 1.44 1.49 1.54				
	P O O XXO XXX				
7	Brown, Faith	JR Johns Hopkins	J1.49m	4-10.50	2
	1.34 1.39 1.44 1.49 1.54				
	P O XXO XXO XXX				
8	Zajac, Hannah	FR McDaniel	1.44m	4-08.75	0.50
	1.34 1.39 1.44 1.49				
	P P O XXX				
8	Noehrenberg, Alana	SO Muhlenberg	1.44m	4-08.75	0.50
	1.34 1.39 1.44 1.49				
	P P O XXX				
10	Ireland, Jill	SO Franklin & Marshall	1.39m	4-06.75	
	1.34 1.39 1.44				
	O O XXX				
11	Gonzales, Julie	SR Bryn Mawr	J1.39m	4-06.75	
	1.34 1.39 1.44				
	XO XO XXX				
--	Matala, Lilianna	FR Dickinson		NH	
	1.34				
	XXX				
--	Gutierrez, Annie	SO Johns Hopkins		NH	
	1.34 1.39 1.44 1.49				
	P P P XXX				

**Event 10 Men High Jump**

=====											
Conference: C 2.10m 1997			Ryan Bobko, Johns Hopkins								
Meet Record: M 2.06m 2015			Gibby Graves, Haverford								
Name	Year	School	Finals								Points
=====											
1	Canedy, Justin	FR Johns Hopkins	2.05m	6-08.75	10						
	1.60 1.65 1.70 1.75 1.80		1.85 1.90 1.95 2.00 2.05 2.07								
	P P P P P		P XO O O XXO XXX								
2	Belkin, Daniel	SR Swarthmore	2.00m	6-06.75	8						
	1.60 1.65 1.70 1.75 1.80		1.85 1.90 1.95 2.00 2.05								
	P P P P P		P O X O PX								
3	Porter, Mitchell	FR Johns Hopkins	1.90m	6-02.75	5.50						
	1.60 1.65 1.70 1.75 1.80		1.85 1.90 1.95								
	P P P O O		O O XXX								
3	Arehart, Ben	FR Muhlenberg	1.90m	6-02.75	5.50						
	1.60 1.65 1.70 1.75 1.80		1.85 1.90 1.95								
	P P P P O		O O XXX								
5	Hejna, Benjamin	SR Swarthmore	1.85m	6-00.75	4						
	1.60 1.65 1.70 1.75 1.80		1.85 1.90								
	P P P P O		XXO XXX								
6	Crebbin, Zachary	FR Ursinus	1.80m	5-10.75	3						
	1.60 1.65 1.70 1.75 1.80		1.85								
	P P P P O		XXX								







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**....Event 12 Men Pole Vault**

11	Seth, Paul	FR Swarthmore	J3.80m	12-05.50
	3.20 3.35 3.50 3.65 3.80 3.95			
	P O O XO XXO XXX			
12	Grissinger, Nicholas	SO Gettysburg	3.65m	11-11.75
	3.20 3.35 3.50 3.65 3.80			
	P P O O XXX			
13	Karaman, Thaddeus	FR Gettysburg	J3.65m	11-11.75
	3.20 3.35 3.50 3.65 3.80			
	P P O XO XXX			
14	Wood, Gavin	SO Dickinson	J3.65m	11-11.75
	3.20 3.35 3.50 3.65 3.80			
	P P P XXO XXX			
15	Leek, Cade	FR McDaniel	3.35m	10-11.75
	3.20 3.35 3.50			
	O O XXX			
16	Canedy, Justin	FR Johns Hopkins	J3.35m	10-11.75
	3.20 3.35 3.50			
	XXO O XXX			
17	Carlson, Timothy	FR Johns Hopkins	J3.35m	10-11.75
	3.20 3.35 3.50			
	P XO XXX			
18	Derr, Tyler	SO Muhlenberg	J3.35m	10-11.75
	3.20 3.35 3.50			
	P XXO X			
--	Heinbaugh, Steven	FR Gettysburg	NH	
	3.20 3.35 3.50 3.65 3.80 3.95			
	P P P P P XXX			

**Event 13 Women Long Jump**

=====							
Conference: C 5.93m 4/27/2019 Maya Hammonds, Johns Hopkins							
Meet Record: M 5.82m 5/7/2005 Samantha Spence, Gettysburg							
Name	Year	School	Finals	Wind	Points		
=====							
1	Hammonds, Maya	SR Johns Hopkins	5.77m	+0.0	18-11.25	10	
	5.68m(+0.0) 5.47m(+0.0) 5.77m(+0.0) 5.57m(+0.0) FOUL(+0.0) 5.69m(+0.0)						
2	Ferrizzi, Corrin	FR Muhlenberg	5.28m	0.8	17-04.00	8	
	FOUL(+0.0) 5.28m(0.8) 5.23m(+0.0) FOUL(+0.0) FOUL(+0.0) FOUL(1.1)						
3	Mitchell, Emily	SO Muhlenberg	5.25m	1.1	17-02.75	6	
	5.17m(+0.0) 5.18m(0.3) FOUL(0.4) FOUL(+0.0) 5.09m(0.3) 5.25m(1.1)						
4	Wain, Cat	SR Johns Hopkins	5.18m	0.3	17-00.00	5	
	5.18m(0.3) FOUL(+0.0) 5.15m(+0.0) 5.07m(+0.0) 5.17m(+0.0) 5.10m(1.2)						
5	Montane, Veronica	SO Johns Hopkins	5.13m	+0.0	16-10.00	4	
	FOUL(+0.0) FOUL(+0.0) 5.13m(+0.0) 5.02m(+0.0) 5.00m(0.2) FOUL(0.1)						
6	Buckley, Caroline	SR Ursinus	5.04m	+0.0	16-06.50	3	
	4.94m(+0.0) 5.04m(+0.0) 5.00m(+0.0) FOUL(+0.0) 5.00m(+0.0) FOUL(+0.0)						
7	Suess, Natalie	JR Dickinson	4.99m	+0.0	16-04.50	2	
	4.58m(+0.0) 4.96m(+0.0) 4.90m(+0.0) 4.78m(0.5) 4.84m(+0.0) 4.99m(+0.0)						
8	Gutierrez, Annie	SO Johns Hopkins	4.94m	+0.0	16-02.50	1	
	4.54m(0.9) 4.94m(+0.0) 4.71m(+0.0) FOUL(+0.0) FOUL(+0.0) 4.61m(+0.0)						
9	Speranza, Gianna	SO Ursinus	4.92m	+0.0	16-01.75		
	4.84m(0.6) FOUL(+0.0) 4.78m(+0.0) 4.92m(+0.0) 4.77m(+0.0) 4.68m(0.2)						
10	Zajac, Hannah	FR McDaniel	4.74m	+0.0	15-06.75		
	4.51m(+0.0) 4.74m(+0.0) FOUL(+0.0)						

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**....Event 13 Women Long Jump**

11	Flynn, Fiona	SO Haverford	4.72m	+0.0	15-06.00
	FOUL(0.9) 4.72m(+0.0) FOUL(+0.0)				
12	Lamm, Cherease	FR Johns Hopkins	4.66m	0.3	15-03.50
	4.30m(0.4) FOUL(+0.0) 4.66m(0.3)				
13	Quigley, Kerry	SR Haverford	4.51m	+0.0	14-09.75
	4.51m(+0.0) FOUL(+0.0) FOUL(+0.0)				
14	Li, Penny	SR Johns Hopkins	4.49m	+0.0	14-08.75
	4.45m(+0.0) 4.49m(+0.0) 4.21m(+0.0)				
15	McMillan, Thandiwe	JR Swarthmore	4.22m	+0.0	13-10.25
	4.14m(+0.0) 4.22m(+0.0) FOUL(+0.0)				
16	Ljoka, Lana	FR Dickinson	4.17m	+0.0	13-08.25
	4.17m(+0.0) 4.09m(+0.0) 3.88m(+0.0)				

**Event 14 Men Long Jump**

=====									
Conference: C		7.44m	5/28/2004	Broderick Maybank, McDaniel					
Meet Record: M		7.27m	2006	Broderick Maybank, McDaniel					
Name	Year	School	Finals	Wind		H#	Points	=====	
1	Canedy, Justin	FR Johns Hopkins	7.13m	0.8	23-04.75	2	10		
	6.87m(0.3) 6.65m(0.2) 6.91m(+0.0) 6.97m(+0.0) 7.08m(+0.0) 7.13m(0.8)								
2	Hejna, Benjamin	SR Swarthmore	6.98m	+0.0	22-11.00	2	8		
	6.93m(+0.0) 6.80m(+0.0) 6.98m(+0.0) 6.82m(0.3) 6.57m(0.6) 6.97m(+0.0)								
3	Su, Matthew	JR Johns Hopkins	6.97m	+0.0	22-10.50	2	6		
	FOUL(0.9) FOUL(0.5) 6.90m(+0.0) 6.48m(+0.0) 6.87m(0.9) 6.97m(+0.0)								
4	Bittenbender, Austin	JR Ursinus	6.93m	+0.0	22-09.00	2	5		
	FOUL(0.4) FOUL(+0.0) 6.73m(+0.0) 6.93m(+0.0) 6.35m(1.0) FOUL(1.0)								
5	Barnes, Kenneth	JR Gettysburg	6.85m	+0.0	22-05.75	2	4		
	6.85m(+0.0) 6.84m(0.4) FOUL(+0.0) FOUL(+0.0) FOUL(0.5) FOUL(+0.0)								
6	Crebbin, Zachary	FR Ursinus	6.66m	0.7	21-10.25	2	3		
	6.66m(0.7) 6.52m(+0.0) 6.30m(+0.0) 6.23m(+0.0) PASS PASS								
7	Belkin, Daniel	SR Swarthmore	6.51m	+0.0	21-04.25	2	2		
	6.51m(+0.0) PASS PASS PASS PASS PASS								
8	Clark, Titus	FR Dickinson	6.42m	+0.0	21-00.75	2	1		
	6.32m(+0.0) 6.42m(+0.0) FOUL(+0.0) PASS PASS PASS								
9	Sproul, Josh	FR McDaniel	6.41m	0.5	21-00.50	2			
	5.61m(+0.0) 6.05m(+0.0) 6.36m(+0.0) 6.41m(0.5) 6.07m(+0.0) 6.20m(+0.0)								
10	Smith, Patrick	SO McDaniel	6.34m	1.1	20-09.75	2			
	FOUL(+0.0) 6.34m(1.1) FOUL(+0.0)								
11	Tubula, Frederick	FR Gettysburg	6.31m	0.5	20-08.50	1			
	5.76m(+0.0) 6.31m(0.5) 6.10m(+0.0)								
12	Bartlett, Ethan	FR Johns Hopkins	5.99m	+0.0	19-08.00	2			
	5.21m(0.6) 5.99m(+0.0) 5.95m(0.5)								
13	Williams-Jackson, Tyree	FR Ursinus	J5.99m	+0.0	19-08.00	1			
	5.46m(+0.0) FOUL(+0.0) 5.99m(+0.0)								
14	Covitz, Jonah	FR Swarthmore	5.96m	+0.0	19-06.75	1			
	5.96m(+0.0) FOUL(+0.0) FOUL(+0.0)								
15	Sooksatan, Silvan	SO Haverford	5.90m	0.3	19-04.25	1			
	5.90m(0.3) 5.85m(+0.0) 5.75m(0.1)								
16	Palazzolo, Corey	FR Gettysburg	5.76m	+0.0	18-10.75	1			
	5.76m(+0.0) FOUL(0.5) 5.32m(+0.0)								
17	Clark, Tristan	FR Dickinson	5.62m	+0.0	18-05.25	1			
	5.48m(+0.0) 5.62m(+0.0) FOUL(+0.0)								
18	Welcher, Samuel	FR McDaniel	5.60m	+0.0	18-04.50	2			
	FOUL(+0.0) FOUL(+0.0) 5.60m(+0.0)								

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**....Event 14 Men Long Jump**

19	Williams, Isaiah	FR	McDaniel	5.56m	+0.0	18-03.00	1
	5.09m(+0.0) 5.56m(+0.0) 5.45m(+0.0)						
20	Sobel, Ben	SO	Dickinson	5.49m	0.4	18-00.25	1
	5.02m(0.5) 5.42m(0.2) 5.49m(0.4)						
21	Gamber, Adam	JR	Dickinson	5.40m	+0.0	17-08.75	1
	5.40m(+0.0) 5.39m(+0.0) 4.97m(+0.0)						
22	Popkin, Zach	SR	Dickinson	5.24m	+0.0	17-02.25	1
	FOUL(+0.0) FOUL(0.8) 5.24m(+0.0)						
--	Stambaugh, Nevin	JR	McDaniel	FOUL			2
	FOUL(+0.0) FOUL(0.3) FOUL(+0.0)						

**Event 15 Women Triple Jump**

=====							
Conference: C		11.79m	2009	Vanessa Pabon, Gettysburg			
Meet Record: M		11.67m	2016	Katie McCoubrie, Gettysburg			
Name	Year	School	Finals	Wind	Points		
=====							
1	Montane, Veronica	SO	Johns Hopkins	10.95m	+0.0	35-11.25	10
	10.87m(+0.0) 10.67m(+0.0) 10.31m(0.1)	PASS	PASS	10.95m(+0.0)			
2	Buckley, Caroline	SR	Ursinus	10.62m	0.9	34-10.25	8
	10.52m(1.2) 10.62m(0.9) 10.42m(0.6) 10.51m(0.9)	FOUL(+0.0)	10.47m(0.3)				
3	Ferrizzi, Corrin	FR	Muhlenberg	10.56m	1.3	34-07.75	6
	10.17m(+0.0) 10.31m(+0.0) FOUL(0.1) FOUL(0.4) FOUL(+0.0)	10.56m(1.3)					
4	Lopez, Jessica	SO	Haverford	10.45m	0.7	34-03.50	5
	10.37m(0.4) 10.34m(+0.0) 10.45m(0.7) PASS(2.1) PASS	PASS(0.6)					
5	Lamm, Cherease	FR	Johns Hopkins	10.42m	0.3	34-02.25	4
	10.14m(+0.0) 10.37m(+0.0) 9.96m(0.3) 9.71m(1.2) 10.16m(+0.0)	10.42m(0.3)					
6	Chiao, Emma	FR	Swarthmore	10.27m	1.1	33-08.50	3
	10.25m(1.1) 10.27m(1.1) 9.88m(+0.0) 10.17m(1.4) 10.22m(+0.0)	FOUL(0.9)					
7	Mathis, Grace	SR	Haverford	10.19m	+0.0	33-05.25	2
	9.82m(+0.0) 10.19m(+0.0) 9.90m(+0.0) FOUL(1.4) 9.91m(1.1)	10.19m(+0.0)					
8	Mitchell, Emily	SO	Muhlenberg	10.06m	+0.0	33-00.25	1
	9.69m(+0.0) 10.06m(+0.0) 9.82m(+0.0) 9.78m(1.4) 9.76m(0.6)	9.63m(+0.0)					
9	Li, Penny	SR	Johns Hopkins	9.95m	+0.0	32-07.75	
	FOUL(1.1) FOUL(+0.0) 9.95m(+0.0) FOUL(+0.0) 9.61m(+0.0)	9.80m(1.0)					
10	Quigley, Kerry	SR	Haverford	9.86m	1.4	32-04.25	
	9.86m(1.4) FOUL(0.8) 9.72m(1.0)						
11	Studier, Greta	SR	Swarthmore	9.64m	0.3	31-07.50	
	FOUL(0.2) FOUL(+0.0) 9.64m(0.3)						
12	Suess, Natalie	JR	Dickinson	9.54m	+0.0	31-03.75	
	9.54m(+0.0) FOUL(1.2) FOUL(1.5)						
13	Ljoka, Lana	FR	Dickinson	9.31m	0.9	30-06.50	
	8.99m(+0.0) 8.73m(+0.0) 9.31m(0.9)						
--	Mangaroo, Nicole	FR	Gettysburg	FOUL			
	FOUL(+0.0) PASS(1.2) PASS						
--	Rehmet, Abigail	FR	Johns Hopkins	FOUL			
	FOUL(1.3) FOUL(1.0) FOUL(0.2)						

**Event 16 Men Triple Jump**

=====							
Conference: C		14.80m	4/15/2006	Broderick Maybank, McDaniel			
Meet Record: M		14.69m	2004	Zack Maskin, Dickinson			
Name	Year	School	Finals	Wind	Points		
=====							

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**....Event 16 Men Triple Jump**

1	Bartlett, Ethan	FR Johns Hopkins	14.31m	0.7	46-11.50	10
			14.11m(0.4)	14.31m(0.7)	14.22m(1.5)	13.97m(0.3)
			14.28m(1.2)	14.25m(0.2)		
2	Belkin, Daniel	SR Swarthmore	13.63m	+0.0	44-08.75	8
			12.84m(0.1)	13.48m(0.7)	FOUL(1.7)	FOUL(0.4)
			13.63m(+0.0)	13.62m(+0.0)		
3	Smith, Patrick	SO McDaniel	13.27m	+0.0	43-06.50	6
			13.06m(0.3)	12.56m(0.5)	12.81m(0.1)	12.36m(0.7)
			12.77m(+0.0)	13.27m(+0.0)		
4	Ford, Cameron	JR Muhlenberg	13.16m	0.2	43-02.25	5
			FOUL(+0.0)	13.16m(0.2)	12.83m(0.9)	12.50m(1.6)
			12.75m(+0.0)	FOUL(+0.0)		
5	Welcher, Samuel	FR McDaniel	13.14m	+0.0	43-01.50	4
			12.90m(0.3)	FOUL(0.1)	12.83m(1.0)	FOUL(0.1)
			13.00m(+0.0)	13.14m(+0.0)		
6	Su, Matthew	JR Johns Hopkins	13.13m	+0.0	43-01.00	3
			12.31m(0.2)	12.47m(1.0)	12.80m(+0.0)	12.57m(0.9)
			11.29m(0.1)	13.13m(+0.0)		
7	Lummus, Andrew	SO Haverford	13.11m	0.5	43-00.25	2
			12.87m(+0.0)	12.27m(0.6)	12.89m(0.5)	FOUL(0.1)
			FOUL(0.1)	13.11m(0.5)		
8	Hejna, Benjamin	SR Swarthmore	12.83m	+0.0	42-01.25	1
			12.79m(+0.0)	12.60m(+0.0)	12.57m(+0.0)	12.73m(0.6)
			12.47m(0.9)	12.83m(+0.0)		
9	Tubula, Frederick	FR Gettysburg	12.77m	+0.0	41-10.75	
			12.28m(+0.0)	12.77m(+0.0)	12.32m(+0.0)	12.21m(1.0)
			12.70m(+0.0)	12.37m(0.2)		
10	Sproul, Josh	FR McDaniel	12.59m	0.5	41-03.75	
			12.42m(0.8)	11.92m(+0.0)	12.59m(0.5)	
11	Carlson, Timothy	FR Johns Hopkins	12.18m	0.7	39-11.50	
			12.13m(+0.0)	FOUL(0.9)	12.18m(0.7)	
12	Palazzolo, Corey	FR Gettysburg	J12.18m	+0.0	39-11.50	
			FOUL(+0.0)	12.18m(+0.0)	11.51m(0.3)	
13	Oji, Zach	SR Haverford	11.91m	+0.0	39-01.00	
			11.91m(+0.0)	11.42m(+0.0)	11.68m(+0.0)	
14	Alston, Tristan	FR Swarthmore	11.69m	+0.0	38-04.25	
			FOUL(+0.0)	11.69m(+0.0)	11.56m(+0.0)	
--	Covitz, Jonah	FR Swarthmore	FOUL			
			FOUL(0.4)	FOUL(+0.0)	FOUL(+0.0)	

**Event 17 Women Heptathlon**

=====						
Conference:	C	4800	5/21/2009	Jessie Belden, Haverford		
Meet Record:	M	4477	5/2/2009	Jessie Belden, Haverford		
Name	Year	School	Finals	H#	Points	
=====						
1	Gutierrez, Annie	SO Johns Hopkins	4007		10	
2	Zimmerman, Maya	SO Swarthmore	3754		8	
3	Wain, Cat	SR Johns Hopkins	3711		6	
4	Eaglin, Rachel	FR Bryn Mawr	3310		5	
5	Zajac, Hannah	FR McDaniel	3299		4	
6	Chiao, Emma	FR Swarthmore	3110		3	
7	Bednarik, Louise	SR Haverford	2622		2	
8	Beck, Jenny	SO Dickinson	2605		1	
9	Meyer, Mackenzie	SO McDaniel	2152			

**Event 17 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon**

=====						
Name	Year	School	Finals	Wind	H#	Points
=====						
1	Gutierrez, Annie	SO Johns Hopkins	15.82	1.2	2	736
2	Eaglin, Rachel	FR Bryn Mawr	16.44	+0.0	1	661
3	Wain, Cat	SR Johns Hopkins	17.46	0.3	3	546
4	Zajac, Hannah	FR McDaniel	17.50	0.3	3	541
5	Zimmerman, Maya	SO Swarthmore	18.04	+0.0	1	484

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**...Event 17 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon**

6 Bednarik, Louise	SR Haverford	18.37	0.3	3	451
7 Chiao, Emma	FR Swarthmore	18.94	1.2	2	396
8 Beck, Jenny	SO Dickinson	21.20	+0.0	1	210
9 Meyer, Mackenzie	SO McDaniel	21.88	1.2	2	165

**Event 17 Heptathlon: #2 Women High Jump Heptathlon**

Name	Year	School	Finals										Points					
1 Zajac, Hannah	FR	McDaniel	1.53m	5-00.25	655													
	1.02	1.08	1.11	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56
	P	P	P	P	P	P	P	P	P	P	P	P	P	O	O	O	O	XXX
2 Gutierrez, Annie	SO	Johns Hopkins	1.50m	4-11.00	621													
	0.99	1.02	1.08	1.11	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53
	P	P	P	P	P	P	P	P	P	P	P	P	P	O	XO	O	XO	XXX
3 Eaglin, Rachel	FR	Bryn Mawr	1.47m	4-09.75	588													
	0.96	0.99	1.02	1.08	1.11	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50
	P	P	P	P	P	P	P	P	P	P	P	P	O	P	O	O	O	XXX
4 Zimmerman, Maya	SO	Swarthmore	1.41m	4-07.50	523													
	0.96	0.99	1.02	1.08	1.11	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44		
	P	P	P	P	P	P	P	P	P	P	O	P	O	XO	XXO	XXX		
5 Wain, Cat	SR	Johns Hopkins	1.35m	4-05.00	460													
	0.96	0.99	1.02	1.08	1.11	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38				
	P	P	P	P	P	P	P	P	P	P	P	P	P	O	XXX			
5 Chiao, Emma	FR	Swarthmore	1.35m	4-05.00	460													
	0.96	0.99	1.02	1.08	1.11	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	1.38				
	P	P	P	P	P	P	P	O	P	O	O	XO	O	XXX				
7 Beck, Jenny	SO	Dickinson	1.32m	4-04.00	429													
	0.96	0.99	1.02	1.08	1.11	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35					
	P	P	P	P	P	P	P	P	O	O	O	O	XXX					
8 Bednarik, Louise	SR	Haverford	1.23m	4-00.50	340													
	0.96	0.99	1.02	1.08	1.11	1.14	1.17	1.20	1.23	1.26								
	P	P	P	P	P	P	O	O	O	XXX								
9 Meyer, Mackenzie	SO	McDaniel	1.14m	3-08.75	257													
	0.96	0.99	1.02	1.08	1.11	1.14	1.17											
	O	O	O	O	O	O	XXX											

**Event 17 Heptathlon: #3 Women Shot Put Heptathlon**

Name	Year	School	Finals		Points
1 Beck, Jenny	SO	Dickinson	9.47m	31-01.00	495
	8.95m	9.15m	9.47m		
2 Zimmerman, Maya	SO	Swarthmore	9.15m	30-00.25	474
	7.97m	8.61m	9.15m		
3 Eaglin, Rachel	FR	Bryn Mawr	8.30m	27-02.75	419
	7.52m	8.30m	7.73m		
4 Gutierrez, Annie	SO	Johns Hopkins	8.25m	27-01.00	416
	8.04m	8.13m	8.25m		
5 Meyer, Mackenzie	SO	McDaniel	7.79m	25-06.75	386
	7.79m	6.91m	7.26m		
6 Wain, Cat	SR	Johns Hopkins	7.70m	25-03.25	380
	7.70m	FOUL	6.56m		
7 Chiao, Emma	FR	Swarthmore	7.57m	24-10.00	372
	7.57m	7.48m	FOUL		

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8 Zajac, Hannah	FR McDaniel	6.92m	22-08.50	330
6.87m 6.88m 6.92m				
9 Bednarik, Louise	SR Haverford	6.30m	20-08.00	290
6.21m 6.05m 6.30m				

**Event 17 Heptathlon: #4 Women 200 Meter Dash Heptathlon**

Name	Year School	Finals	Wind	H#	Points
1 Wain, Cat	SR Johns Hopkins	27.17	0.5	1	698
2 Gutierrez, Annie	SO Johns Hopkins	28.22	0.5	2	614
3 Eaglin, Rachel	FR Bryn Mawr	28.28	0.5	2	609
4 Zimmerman, Maya	SO Swarthmore	28.71	0.5	1	576
5 Chiao, Emma	FR Swarthmore	28.91	0.5	2	561
6 Zajac, Hannah	FR McDaniel	29.17	0.5	2	542
7 Bednarik, Louise	SR Haverford	29.66	0.5	1	506
8 Beck, Jenny	SO Dickinson	31.46	0.5	2	385
9 Meyer, Mackenzie	SO McDaniel	31.52	0.5	1	381

**Event 17 Heptathlon: #5 Women Long Jump Heptathlon**

Name	Year School	Finals	Wind	Points
1 Wain, Cat	SR Johns Hopkins	5.19m	+0.0	17-00.50 612
5.18m(+0.0) FOUL(+0.0) 5.19m(+0.0)				
2 Gutierrez, Annie	SO Johns Hopkins	5.03m	+0.0	16-06.00 567
5.00m(+0.0) 4.96m(+0.0) 5.03m(+0.0)				
3 Zimmerman, Maya	SO Swarthmore	4.85m	+0.0	15-11.00 519
4.51m(0.3) 4.64m(+0.0) 4.85m(+0.0)				
3 Chiao, Emma	FR Swarthmore	4.85m	+0.0	15-11.00 519
4.85m(+0.0) 4.61m(+0.0) 4.74m(+0.0)				
5 Zajac, Hannah	FR McDaniel	4.82m	+0.0	15-09.75 511
4.74m(0.7) 4.82m(+0.0) 4.78m(+0.0)				
6 Eaglin, Rachel	FR Bryn Mawr	4.66m	+0.0	15-03.50 469
4.26m(+0.0) 4.66m(+0.0) 4.50m(+0.0)				
7 Bednarik, Louise	SR Haverford	4.24m	0.1	13-11.00 364
FOUL(+0.0) 4.24m(0.1) FOUL(+0.0)				
8 Beck, Jenny	SO Dickinson	3.73m	+0.0	12-03.00 248
2.86m(0.2) FOUL(+0.0) 3.73m(+0.0)				
9 Meyer, Mackenzie	SO McDaniel	3.70m	+0.0	12-01.75 242
3.59m(+0.0) 3.70m(+0.0) 3.51m(+0.0)				

**Event 17 Heptathlon: #6 Women Javelin Throw Heptathlon**

Name	Year School	Finals	Points
1 Zimmerman, Maya	SO Swarthmore	38.80m	127-03 644
36.19m 34.91m 38.80m			
2 Gutierrez, Annie	SO Johns Hopkins	25.44m	83-05 391
FOUL 25.44m 24.24m			
3 Beck, Jenny	SO Dickinson	21.26m	69-09 312
21.26m 20.30m 19.94m			
4 Meyer, Mackenzie	SO McDaniel	21.23m	69-08 312
21.23m 19.83m 21.16m			

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**....Event 17 Heptathlon: #6 Women Javelin Throw Heptathlon**

5	Wain, Cat	SR Johns Hopkins	20.31m	66-08	295
	20.31m FOUL FOUL				
6	Eaglin, Rachel	FR Bryn Mawr	18.13m	59-06	254
	FOUL 18.13m 17.26m				
7	Chiao, Emma	FR Swarthmore	15.45m	50-08	205
	15.45m FOUL 15.33m				
8	Zajac, Hannah	FR McDaniel	14.90m	48-11	195
	14.90m PASS 14.28m				
9	Bednarik, Louise	SR Haverford	12.74m	41-09	155
	12.53m 12.74m 12.07m				

**Event 17 Heptathlon: #7 Women 800 Meter Run Heptathlon**

Name	Year School	Finals	Points
1 Wain, Cat	SR Johns Hopkins	2:27.89	720
	1:10.206 (1:10.206) 2:27.887 (1:17.681)		
2 Gutierrez, Annie	SO Johns Hopkins	2:32.52	662
	1:11.587 (1:11.587) 2:32.520 (1:20.933)		
3 Chiao, Emma	FR Swarthmore	2:37.93	597
	1:14.635 (1:14.635) 2:37.924 (1:23.289)		
4 Zimmerman, Maya	SO Swarthmore	2:43.42	534
	1:17.634 (1:17.634) 2:43.414 (1:25.780)		
5 Beck, Jenny	SO Dickinson	2:44.16	526
	1:18.636 (1:18.636) 2:44.158 (1:25.522)		
6 Zajac, Hannah	FR McDaniel	2:44.23	525
	1:13.138 (1:13.138) 2:44.229 (1:31.091)		
7 Bednarik, Louise	SR Haverford	2:45.11	516
	1:18.940 (1:18.940) 2:45.106 (1:26.166)		
8 Meyer, Mackenzie	SO McDaniel	2:55.36	409
	1:21.626 (1:21.626) 2:55.358 (1:33.732)		
9 Eaglin, Rachel	FR Bryn Mawr	3:06.11	310
	1:23.374 (1:23.374) 3:06.110 (1:42.736)		

**Event 18 Men Decathlon**

Conference: C 6818 5/27/2005 John Brodowski, Muhlenberg  
 Meet Record: M 6493 2016 Andrew Bartnett, Johns Hopkins

Name	Year School	Finals	H#	Points
1 Heinbaugh, Steven	FR Gettysburg	5318		10
2 Porter, Mitchell	FR Johns Hopkins	5299		8
3 West, Alex	JR McDaniel	4576		6
4 Johnson, Brody	JR Ursinus	4491		5
5 Leek, Cade	FR McDaniel	3329		4

**Event 18 Decathlon: #1 Men 100 Meter Dash Decathlon**

Name	Year School	Finals	Wind	Points
1 White, Caleb	JR McDaniel	11.56	+0.0	740
2 Johnson, Brody	JR Ursinus	11.72	+0.0	707
3 Heinbaugh, Steven	FR Gettysburg	11.92	+0.0	667
4 Porter, Mitchell	FR Johns Hopkins	12.19	+0.0	614
5 West, Alex	JR McDaniel	12.22	+0.0	608



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**....Event 18 Decathlon: #1 Men 100 Meter Dash Decathlon**

6 Leek, Cade FR McDaniel 13.18 +0.0 438

**Event 18 Decathlon: #2 Men Long Jump Decathlon**

Name	Year	School	Finals	Wind	Points
1 Porter, Mitchell	FR	Johns Hopkins	6.31m	0.3	20-08.50 655
6.17m(-1.6) 6.30m(+0.0) 6.31m(0.3)					
2 White, Caleb	JR	McDaniel	6.13m	+0.0	20-01.50 615
6.13m(+0.0) 5.31m(+0.0) PASS					
3 Heinbaugh, Steven	FR	Gettysburg	6.05m	0.3	19-10.25 597
FOUL(-1.0) 5.67m(-0.1) 6.05m(0.3)					
4 Johnson, Brody	JR	Ursinus	5.49m	0.5	18-00.25 479
5.29m(+0.0) 5.41m(+0.0) 5.49m(0.5)					
5 West, Alex	JR	McDaniel	5.23m	-0.8	17-02.00 427
5.23m(-0.8) 5.16m(0.1) FOUL(0.3)					
6 Leek, Cade	FR	McDaniel	4.78m	-0.5	15-08.25 341
FOUL(+0.0) 4.65m(0.3) 4.78m(-0.5)					

**Event 18 Decathlon: #3 Men Shot Put Decathlon**

Name	Year	School	Finals	Points
1 West, Alex	JR	McDaniel	10.37m	34-00.25 508
FOUL 10.21m 10.37m				
2 Porter, Mitchell	FR	Johns Hopkins	9.12m	29-11.25 433
8.28m 9.12m 8.57m				
3 Heinbaugh, Steven	FR	Gettysburg	9.02m	29-07.25 427
8.88m 8.16m 9.02m				
4 White, Caleb	JR	McDaniel	8.57m	28-01.50 400
8.22m 8.57m 8.45m				
5 Johnson, Brody	JR	Ursinus	7.79m	25-06.75 354
7.70m 7.79m FOUL				
6 Leek, Cade	FR	McDaniel	7.18m	23-06.75 318
6.84m 6.99m 7.18m				

**Event 18 Decathlon: #4 Men High Jump Decathlon**

Name	Year	School	Finals	Points
1 Porter, Mitchell	FR	Johns Hopkins	1.82m	5-11.50 644
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.76 1.82 1.88				
P P P P P P P P P P P P P P P O O XXX				
2 Heinbaugh, Steven	FR	Gettysburg	1.61m	5-03.25 472
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64				
P P P P P O P P P O O XXO O XXX				
3 Leek, Cade	FR	McDaniel	1.55m	5-01.00 426
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58				
P P P P P O O P O O XXO O XXX				
3 West, Alex	JR	McDaniel	1.55m	5-01.00 426
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58				
P P P P P O O P O P O O XXX				
5 Johnson, Brody	JR	Ursinus	1.49m	4-10.50 381
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55				
P P P P P O O P O O P XXX				

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**....Event 18 Decathlon: #4 Men High Jump Decathlon**

6 White, Caleb	JR McDaniel	1.31m	4-03.50	257
1.22 1.25 1.28 1.31 1.34				
O O O XO X				

**Event 18 Decathlon: #5 Men 400 Meter Dash Decathlon**

Name	Year School	Finals	Points
1 Heinbaugh, Steven	FR Gettysburg	52.39	708
2 Johnson, Brody	JR Ursinus	53.04	680
3 Porter, Mitchell	FR Johns Hopkins	53.88	645
4 West, Alex	JR McDaniel	58.67	460
5 Leek, Cade	FR McDaniel	1:02.10	344

**Event 18 Decathlon: #6 Men 110 Meter Hurdles Decathlon**

Name	Year School	Finals	Wind H#	Points
1 Porter, Mitchell	FR Johns Hopkins	17.03	+0.0 1	621
2 West, Alex	JR McDaniel	17.94	0.4 2	530
3 Johnson, Brody	JR Ursinus	19.92	0.4 2	356
4 Heinbaugh, Steven	FR Gettysburg	20.97	0.4 2	277
5 Leek, Cade	FR McDaniel	23.02	+0.0 1	150

**Event 18 Decathlon: #7 Men Discus Throw Decathlon**

Name	Year School	Finals	Points
1 West, Alex	JR McDaniel	33.50m	109-11 534
32.35m 31.27m 33.50m			
2 Leek, Cade	FR McDaniel	26.40m	86-07 394
FOUL 23.04m 26.40m			
3 Heinbaugh, Steven	FR Gettysburg	25.90m	85-00 384
25.90m 24.43m 25.45m			
4 Porter, Mitchell	FR Johns Hopkins	21.90m	71-10 308
21.39m 19.13m 21.90m			
5 Johnson, Brody	JR Ursinus	17.48m	57-04 225
17.48m 15.14m 17.43m			

**Event 18 Decathlon: #8 Men Pole Vault Decathlon**

Name	Year School	Finals	Points
1 Heinbaugh, Steven	FR Gettysburg	4.10m	13-05.25 645
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20			
P P P P P O P P O P P O O XXO O XO XXX			
2 Leek, Cade	FR McDaniel	3.40m	11-01.75 457
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50			
P P P P P O O O O XXX			
3 Porter, Mitchell	FR Johns Hopkins	3.30m	10-10.00 431
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40			
O P P XO P O O O XXX			
4 Johnson, Brody	JR Ursinus	3.10m	10-02.00 381
2.60 2.70 2.80 2.90 3.00 3.10 3.20			
O P XXO O O O XXX			

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**...Event 18 Decathlon: #8 Men Pole Vault Decathlon**

5 West, Alex JR McDaniel 2.90m 9-06.25 333  
 2.60 2.70 2.80 2.90 3.00  
 O O XO XO XXX

**Event 18 Decathlon: #9 Men Javelin Throw Decathlon**

Name	Year School	Finals	Points
1 Porter, Mitchell	FR Johns Hopkins	41.38m	135-09 462
39.04m 41.38m FOUL			
2 Heinbaugh, Steven	FR Gettysburg	39.30m	128-11 432
35.11m 35.85m 39.30m			
3 West, Alex	JR McDaniel	28.91m	94-10 284
FOUL 27.92m 28.91m			
4 Johnson, Brody	JR Ursinus	28.81m	94-06 282
28.81m 25.47m 22.35m			
5 Leek, Cade	FR McDaniel	22.16m	72-08 191
FOUL 22.16m 17.77m			

**Event 18 Decathlon: #10 Men 1500 Meter Run Decathlon**

Name	Year School	Finals	Points
1 Heinbaugh, Steven	FR Gettysburg	4:35.53	709
50.191 (50.191) 2:04.046 (1:13.855) 3:22.401 (1:18.355) 4:35.523 (1:13.122)			
2 Johnson, Brody	JR Ursinus	4:45.45	646
52.768 (52.768) 2:11.225 (1:18.457) 3:30.858 (1:19.633) 4:45.449 (1:14.591)			
3 Porter, Mitchell	FR Johns Hopkins	5:13.14	486
54.330 (54.330) 2:19.209 (1:24.879) 3:52.255 (1:33.046) 5:13.134 (1:20.879)			
4 West, Alex	JR McDaniel	5:16.89	466
53.792 (53.792) 2:18.759 (1:24.967) 3:51.881 (1:33.122) 5:16.882 (1:25.001)			
5 Leek, Cade	FR McDaniel	5:58.65	270
57.281 (57.281) 2:30.217 (1:32.936) 4:17.136 (1:46.919) 5:58.644 (1:41.508)			

**Event 19 Women 100 Meter Dash**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Conference: C 11.90 2001 Jamie Falcone, McDaniel  
 Meet Record: M 12.05 2001 Jamie Falcone, McDaniel

Name	Year School	Prelims	Wind	H#
<b>Preliminaries</b>				
1 Hammonds, Maya	SR Johns Hopkins	12.39Q	2.0	2
2 Lopez, Jessica	SO Haverford	12.43Q	0.6	3
3 Camacho, Kayla	SR Swarthmore	12.52Q	+0.0	1
4 Thompson, Naji	SR Dickinson	12.50q	0.6	3
5 Hunt, Kate	FR Ursinus	12.58q	2.0	2
6 Nwankpa, Chinaza	FR Johns Hopkins	12.68q	+0.0	1
7 Vaules, Sayaka	JR Swarthmore	12.81q	0.6	3
8 Khanna, Simran	SR Swarthmore	12.84q	2.0	2
9 Speranza, Gianna	SO Ursinus	12.96	2.0	2
10 Raymond, Seye	SR Johns Hopkins	13.02	+0.0	1
11 Rodebaugh, Molly	SO Ursinus	13.03	+0.0	1
12 Ayuso, Marina	SO Johns Hopkins	13.09	0.6	3
13 Reed, Jasmine	FR Haverford	13.33	0.6	3

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**...Event 19 Women 100 Meter Dash**

14	Lamm, Cherease	FR	Johns Hopkins	13.41	0.6	3
15	Antinori, Marisa	JR	Haverford	13.42	2.0	2
16	Bothwell, Haley	FR	Johns Hopkins	13.43	2.0	2 13.421
17	Bonwin, Wrutoe	JR	Dickinson	13.43	2.0	2 13.424
18	Dixon, Rachel	FR	McDaniel	13.44	+0.0	1
19	Ekpo, Edidong	FR	Johns Hopkins	13.51	0.6	3
20	Billings, Katie	SR	Bryn Mawr	13.74	2.0	2
21	Kerprich, Alexa	SO	Gettysburg	14.00	+0.0	1
22	Ljoka, Lana	FR	Dickinson	14.13	0.6	3
--	Terry, Jennica	SO	Bryn Mawr	FS	+0.0	1

**Event 19 Women 100 Meter Dash**

=====  
 Conference: C 11.90 2001 Jamie Falcone, McDaniel  
 Meet Record: M 12.05 2001 Jamie Falcone, McDaniel

Name	Year	School	Finals	Wind	Points
=====					
Finals					
1	Hammonds, Maya	SR	Johns Hopkins	12.47	1.6 10
2	Camacho, Kayla	SR	Swarthmore	12.54	1.6 8
3	Thompson, Naji	SR	Dickinson	12.58	1.6 6
4	Lopez, Jessica	SO	Haverford	12.62	1.6 5
5	Nwankpa, Chinaza	FR	Johns Hopkins	12.83	1.6 4
6	Vaules, Sayaka	JR	Swarthmore	12.86	1.6 3
7	Hunt, Kate	FR	Ursinus	12.88	1.6 2
8	Khanna, Simran	SR	Swarthmore	13.00	1.6 1

**Event 20 Men 100 Meter Dash**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

=====  
 Conference: C 10.52 5/4/2014 Aaron Pannell, Dickinson  
 Meet Record: M 10.52 2014 Aaron Pannell, Dickinson

Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	Mollick, Alexander	SR	Johns Hopkins	10.78Q	+0.0 3
2	Carter, Octavious	FR	Ursinus	11.04Q	0.4 1
3	Canedy, Justin	FR	Johns Hopkins	11.16Q	0.6 2
4	Su, Matthew	JR	Johns Hopkins	11.09q	0.4 1
5	Belgaumi, Adil	JR	Swarthmore	11.22q	+0.0 3
6	Bittenbender, Austin	JR	Ursinus	11.23q	0.6 2
7	Imery, Ian	SO	Johns Hopkins	11.37q	0.6 2
8	Fernandez, Elijah	SO	Gettysburg	11.38q	0.4 1
9	Grigas, Scott	FR	Muhlenberg	11.39	0.6 2
10	Rainone, Michael	JR	Muhlenberg	11.41	+0.0 3 11.402
11	Acheampong, Kofi	SR	Haverford	11.41	0.4 1 11.406
12	Tubula, Frederick	FR	Gettysburg	11.56	+0.0 3
13	Motill, Colin	SO	Gettysburg	11.60	+0.0 3
14	O'Neil, Dylan	JR	Gettysburg	11.69	0.4 1
15	Murphy, Michael	JR	Dickinson	11.71	0.4 1
16	Randall, Garrett	SO	Dickinson	11.85	0.6 2
17	Murphy, Ryan	JR	Dickinson	11.93	0.6 2
18	Sobel, Ben	SO	Dickinson	11.97	0.6 2
19	Cozad, Skye	FR	Franklin & Marshall	11.98	+0.0 3
20	Clark, Tristan	FR	Dickinson	12.04	+0.0 3

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**....Event 20 Men 100 Meter Dash**

21 Jacob, Arthur FR Muhlenberg 12.18 0.4 1

**Event 20 Men 100 Meter Dash**

Conference: C 10.52 5/4/2014 Aaron Pannell, Dickinson

Meet Record: M 10.52 2014 Aaron Pannell, Dickinson

Name	Year	School	Finals	Wind	Points
------	------	--------	--------	------	--------

**Finals**

1	Mollick, Alexander	SR	Johns Hopkins	10.71	2.0	10
2	Su, Matthew	JR	Johns Hopkins	10.99	2.0	8
3	Carter, Octavious	FR	Ursinus	11.10	2.0	6
4	Belgaumi, Adil	JR	Swarthmore	11.14	2.0	5
5	Canedy, Justin	FR	Johns Hopkins	11.20	2.0	4
6	Imery, Ian	SO	Johns Hopkins	11.28	2.0	3
7	Bittenbender, Austin	JR	Ursinus	11.37	2.0	2
8	Fernandez, Elijah	SO	Gettysburg	11.40	2.0	1

**Event 21 Women 100 Meter Hurdles**

**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Conference: C 14.04 5/8/2016 Katie Cavanaugh, Gettysburg

Meet Record: M 14.04 2016 Katie Cavanaugh, Gettysburg

Name	Year	School	Prelims	Wind	H#
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**Preliminaries**

1	Hammonds, Maya	SR	Johns Hopkins	15.11Q	-1.8	1
2	Terry, Jennica	SO	Bryn Mawr	16.10Q	-1.2	2
3	Wylie, Rachel	JR	Franklin & Marshall	15.57q	-1.8	1
4	Oberholtzer, Tess	SR	Haverford	16.21q	-1.2	2
5	Colby, Alexandra	FR	Dickinson	16.25q	-1.2	2
6	Durning, Kayleigh	FR	Muhlenberg	16.46q	-1.8	1
7	Cuomo, Rosie	FR	Ursinus	16.53q	-1.2	2
8	Hayashi, Scout	FR	Swarthmore	16.67q	-1.2	2
9	Torres, Daniela	SO	Johns Hopkins	17.04	-1.8	1
10	Cooperstein, Emily	JR	Muhlenberg	17.47	-1.8	1
11	Eaglin, Rachel	FR	Bryn Mawr	17.97	-1.8	1
12	Nelson, Eryn	SR	Dickinson	18.36	-1.2	2
13	Gonzales, Julie	SR	Bryn Mawr	18.41	-1.2	2

**Event 21 Women 100 Meter Hurdles**

Conference: C 14.04 5/8/2016 Katie Cavanaugh, Gettysburg

Meet Record: M 14.04 2016 Katie Cavanaugh, Gettysburg

Name	Year	School	Finals	Wind	Points
------	------	--------	--------	------	--------

**Finals**

1	Hammonds, Maya	SR	Johns Hopkins	14.98	2.3	10
2	Wylie, Rachel	JR	Franklin & Marshall	15.00	2.3	8
3	Cuomo, Rosie	FR	Ursinus	16.17	2.3	6
4	Colby, Alexandra	FR	Dickinson	16.31	2.3	5
5	Durning, Kayleigh	FR	Muhlenberg	16.37	2.3	4
6	Hayashi, Scout	FR	Swarthmore	16.75	2.3	3
7	Oberholtzer, Tess	SR	Haverford	16.77	2.3	2
8	Terry, Jennica	SO	Bryn Mawr	23.88	2.3	1

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**Results**

**Event 22 Men 110 Meter Hurdles**

Conference: C 14.41 5/27/2011 Nils Michaelis, Franklin & Marshall						
Meet Record: M 14.65 2011 Nils Michaelis, Franklin & Marshall						
Name	Year	School	Finals	Wind	Points	
1 Su, Matthew	JR	Johns Hopkins	15.66	1.9	10	
2 Canedy, Justin	FR	Johns Hopkins	15.68	1.9	8	
3 Eppley, Robert	SR	Swarthmore	15.76	1.9	6	
4 Brandeis, Ben	FR	Dickinson	16.19	1.9	5	
5 Montina, Kem	JR	Muhlenberg	16.59	1.9	4	
6 Simmers, Matthew	SO	Gettysburg	16.68	1.9	3	
7 Stambaugh, Nevin	JR	McDaniel	17.06	1.9	2	
8 DiGregorio, Aaron	SO	Franklin & Marshall	18.41	1.9	1	

**Event 23 Women 200 Meter Dash**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Conference: C 24.02 2001 Jamie Falcone, McDaniel						
Meet Record: M 24.78 2001 Jamie Falcone, McDaniel						
Name	Year	School	Prelims	Wind	H#	
<b>Preliminaries</b>						
1 Camacho, Kayla	SR	Swarthmore	25.69Q	-1.7	3	
2 Hammonds, Maya	SR	Johns Hopkins	26.04Q	+0.0	2	
3 Khanna, Simran	SR	Swarthmore	26.14Q	-1.1	1	26.136
4 Nwankpa, Chinaza	FR	Johns Hopkins	26.14q	-1.1	1	26.139
5 Vaules, Sayaka	JR	Swarthmore	26.28q	+0.0	2	
6 Lopez, Jessica	SO	Haverford	26.33q	-1.7	3	
7 Damron, Alexandra	SO	Johns Hopkins	26.36q	-1.1	1	
8 Coleman, Rachel	SO	Ursinus	26.74q	+0.0	2	
9 Terry, Jennica	SO	Bryn Mawr	26.87	-1.1	1	
10 Suess, Natalie	JR	Dickinson	26.89	+0.0	2	
11 Ayuso, Marina	SO	Johns Hopkins	27.15	-1.7	3	
12 Thompson, Naji	SR	Dickinson	27.38	-1.7	3	
13 Tabtiang, Liana	JR	Dickinson	27.41	+0.0	2	
14 Fukuda, Naomi	FR	Haverford	27.83	-1.1	1	
15 Neiman, Rachel	SR	Johns Hopkins	28.05	-1.1	1	
16 Bothwell, Haley	FR	Johns Hopkins	28.20	-1.7	3	
17 Bonwin, Wrutoe	JR	Dickinson	28.43	+0.0	2	
18 Dixon, Rachel	FR	McDaniel	28.51	+0.0	2	
19 Colby, Alexandra	FR	Dickinson	28.54	-1.7	3	
20 Bell, Katherine	SR	Gettysburg	29.11	-1.1	1	
21 Kerprich, Alexa	SO	Gettysburg	29.97	-1.7	3	
22 Bednarik, Louise	SR	Haverford	30.10	-1.1	1	

**Event 23 Women 200 Meter Dash**

Conference: C 24.02 2001 Jamie Falcone, McDaniel						
Meet Record: M 24.78 2001 Jamie Falcone, McDaniel						
Name	Year	School	Finals	Wind	Points	
<b>Finals</b>						
1 Hammonds, Maya	SR	Johns Hopkins	25.36	1.7	10	
2 Camacho, Kayla	SR	Swarthmore	25.43	1.7	8	
3 Lopez, Jessica	SO	Haverford	26.08	1.7	6	
4 Vaules, Sayaka	JR	Swarthmore	26.29	1.7	5	

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**...Event 23 Women 200 Meter Dash**

5	Nwankpa, Chinaza	FR	Johns Hopkins	26.46	1.7	4
6	Khanna, Simran	SR	Swarthmore	26.57	1.7	3
7	Damron, Alexandra	SO	Johns Hopkins	26.80	1.7	2
8	Coleman, Rachel	SO	Ursinus	27.06	1.7	1

**Event 24 Men 200 Meter Dash**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Conference: C 21.36 5/9/2004 Greg Lott, Dickinson  
 Meet Record: M 21.62 2016 Evan Friend, Franklin & Marshall

Name	Year	School	Prelims	Wind	H#
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**Preliminaries**

1	Mollick, Alexander	SR	Johns Hopkins	22.05Q	-0.1	1
2	Reilly, Tyler	FR	Ursinus	22.46Q	-0.2	3
3	Brick, Aaron	FR	Dickinson	22.78Q	0.1	2 22.779
4	Belgaumi, Adil	JR	Swarthmore	22.78q	-0.2	3 22.775
5	Carter, Octavious	FR	Ursinus	22.87q	-0.1	1
6	Amoah, Nathaniel	FR	Johns Hopkins	22.95q	0.1	2
7	Acheampong, Kofi	SR	Haverford	23.10q	-0.1	1
8	Imery, Ian	SO	Johns Hopkins	23.18q	-0.2	3
9	Snyder, Justin	SO	Swarthmore	23.37	0.1	2
10	Grigas, Scott	FR	Muhlenberg	23.54	0.1	2
11	Motill, Colin	SO	Gettysburg	23.65	-0.1	1
12	Bessette, Mike	SR	Muhlenberg	23.88	-0.2	3
13	Murphy, Ryan	JR	Dickinson	23.98	-0.2	3
14	O'Brien, Cael	SO	Gettysburg	24.04	-0.1	1
15	Murphy, Michael	JR	Dickinson	24.14	-0.2	3
16	O'Neil, Dylan	JR	Gettysburg	24.50	0.1	2
17	Cozad, Skye	FR	Franklin & Marshall	24.63	0.1	2

**Event 24 Men 200 Meter Dash**

Conference: C 21.36 5/9/2004 Greg Lott, Dickinson  
 Meet Record: M 21.62 2016 Evan Friend, Franklin & Marshall

Name	Year	School	Finals	Wind	Points
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**Finals**

1	Mollick, Alexander	SR	Johns Hopkins	21.89	1.9	10
2	Reilly, Tyler	FR	Ursinus	22.37	1.9	8
3	Belgaumi, Adil	JR	Swarthmore	22.45	1.9	6
4	Brick, Aaron	FR	Dickinson	22.70	1.9	5
5	Amoah, Nathaniel	FR	Johns Hopkins	23.03	1.9	4
6	Imery, Ian	SO	Johns Hopkins	23.07	1.9	3
7	Acheampong, Kofi	SR	Haverford	23.25	1.9	2
8	Carter, Octavious	FR	Ursinus	23.33	1.9	1

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**Event 25 Women 400 Meter Dash**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Conference: C 56.02 5/5/2002 Imo Akpan, Swarthmore  
 Meet Record: M 56.02 5/5/2002 Imo Akpan, Swarthmore

Name	Year	School	Prelims	H#
<b>Preliminaries</b>				
1 Damron, Alexandra	SO	Johns Hopkins	58.32Q	1
2 Holt, Lauren	SO	Swarthmore	58.73Q	3
3 Tyburski, Ashley	FR	Johns Hopkins	59.80Q	2
4 Gasser, Brittany	FR	Ursinus	59.22q	1
5 Muccio, Kaitlin	SR	Franklin & Marshall	59.88q	2
6 Sheppell, Hailey	SO	Johns Hopkins	1:00.64q	2
7 McMillan, Thandiwe	JR	Swarthmore	1:00.89q	3
8 Yanega, Sarah	SO	Dickinson	1:00.98q	3
9 Miller, Hannah	SR	Johns Hopkins	1:01.37	2
10 Coleman, Michela	FR	Ursinus	1:01.85	2
11 Tabtiang, Liana	JR	Dickinson	1:01.88	3
12 Wilkinson, Makenzie	JR	Johns Hopkins	1:01.99	1
13 Martinez, Mirayda	JR	Swarthmore	1:02.22	1
14 Coletti, Julia	SO	Haverford	1:02.32	3
15 Rieger, Jackie	FR	Johns Hopkins	1:02.38	1
16 Neiman, Rachel	SR	Johns Hopkins	1:02.40	2
17 Natoli, Emily	SO	Franklin & Marshall	1:02.53	3
18 Factora, Cassandra	SO	Johns Hopkins	1:02.72	3
19 Suess, Natalie	JR	Dickinson	1:03.08	1
20 Hill, Leah	JR	Gettysburg	1:04.78	2
21 Bell, Katherine	SR	Gettysburg	1:06.16	1

**Event 25 Women 400 Meter Dash**

Conference: C 56.02 5/5/2002 Imo Akpan, Swarthmore  
 Meet Record: M 56.02 5/5/2002 Imo Akpan, Swarthmore

Name	Year	School	Finals	Points
<b>Finals</b>				
1 Holt, Lauren	SO	Swarthmore	58.37	10
2 Damron, Alexandra	SO	Johns Hopkins	58.57	8
3 Gasser, Brittany	FR	Ursinus	59.77	6
4 Muccio, Kaitlin	SR	Franklin & Marshall	1:00.52	5
5 Yanega, Sarah	SO	Dickinson	1:01.09	4
6 Sheppell, Hailey	SO	Johns Hopkins	1:02.02	3
7 Tyburski, Ashley	FR	Johns Hopkins	1:03.23	2
8 McMillan, Thandiwe	JR	Swarthmore	1:04.70	1

**Event 26 Men 400 Meter Dash**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Conference: C 47.42 5/25/2002 Chavaun Johnson, Dickinson  
 Meet Record: M 47.89 2001 Chavaun Johnson, Dickinson

Name	Year	School	Prelims	H#
<b>Preliminaries</b>				
1 Amoah, Nathaniel	FR	Johns Hopkins	50.18Q	1
2 Reilly, Tyler	FR	Ursinus	50.22Q	2
3 Lynch, Liam	SR	Haverford	50.36Q	3



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**....Event 26 Men 400 Meter Dash**

4	Gallagher, Michael	JR	McDaniel	50.55q	1
5	Brown, Jonathon	SO	Johns Hopkins	50.63q	2
6	Cwiklinski, Thaddeus	SR	Gettysburg	51.15q	2
7	Duncan-Taylor, Bradley	FR	Ursinus	51.17q	3
8	Riordan, Thomas	JR	Dickinson	51.23q	1
9	Samuels, Kai	SO	McDaniel	51.81	2
10	Raab, Judah	SO	Swarthmore	52.03	1
11	Huang, Oscar	SR	Haverford	52.27	3
12	Mollin, Sam	SO	Johns Hopkins	52.68	2
13	Weller, Matthew	FR	Gettysburg	52.91	1
14	Brouillard, Angus	FR	Gettysburg	53.49	3
15	O'Brien, Cael	SO	Gettysburg	53.50	3
16	Walsh, Ben	JR	Franklin & Marshall	53.62	1
17	Brick, Aaron	FR	Dickinson	53.65	3

**Event 26 Men 400 Meter Dash**

=====  
 Conference: C 47.42 5/25/2002 Chavaun Johnson, Dickinson  
 Meet Record: M 47.89 2001 Chavaun Johnson, Dickinson  
 Name Year School Finals Points  
 =====

Finals

1	Reilly, Tyler	FR	Ursinus	49.94	10
2	Amoah, Nathaniel	FR	Johns Hopkins	49.98	8
3	Brown, Jonathon	SO	Johns Hopkins	50.50	6
4	Cwiklinski, Thaddeus	SR	Gettysburg	50.68	5
5	Lynch, Liam	SR	Haverford	50.78	4
6	Gallagher, Michael	JR	McDaniel	50.83	3
7	Duncan-Taylor, Bradley	FR	Ursinus	51.40	2
8	Riordan, Thomas	JR	Dickinson	52.67	1

**Event 27 Women 400 Meter Hurdles**

**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

=====  
 Conference: C 1:00.83 5/25/2014 Megan McDonald, Johns Hopkins  
 Meet Record: M 1:01.99 5/5/2002 Christine Hufenbacher, Dickins  
 Name Year School Prelims H#  
 =====

Preliminaries

1	Wylie, Rachel	JR	Franklin & Marshall	1:02.57Q	1
2	Miller, Hannah	SR	Johns Hopkins	1:06.20Q	2
3	Wojcik, Kass	FR	Bryn Mawr	1:06.48q	1
4	Torres, Daniela	SO	Johns Hopkins	1:09.43q	2
5	Andrews, Dana	FR	Johns Hopkins	1:10.64q	1
6	Hayashi, Scout	FR	Swarthmore	1:10.84q	2
7	Cooperstein, Emily	JR	Muhlenberg	1:11.83q	1
8	Varnum, Haley	SR	Bryn Mawr	1:11.93q	2
9	Nelson, Eryn	SR	Dickinson	1:12.34	1
10	Durning, Kayleigh	FR	Muhlenberg	1:12.43	2
11	Pindzola, Grace	JR	Haverford	1:17.50	2
12	Dinkins, Bria	SO	Swarthmore	1:17.93	1

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**Event 27 Women 400 Meter Hurdles**

=====  
 Conference: C 1:00.83 5/25/2014 Megan McDonald, Johns Hopkins  
 Meet Record: M 1:01.99 5/5/2002 Christine Hufenbacher, Dickinson  
 Name Year School Finals Points  
 =====

Finals

1	Wylie, Rachel	JR Franklin & Marshall	1:03.87	10
2	Miller, Hannah	SR Johns Hopkins	1:06.78	8
3	Wojcik, Kass	FR Bryn Mawr	1:07.62	6
4	Torres, Daniela	SO Johns Hopkins	1:10.14	5
5	Andrews, Dana	FR Johns Hopkins	1:10.80	4
6	Hayashi, Scout	FR Swarthmore	1:11.13	3
7	Varnum, Haley	SR Bryn Mawr	1:12.77	2
8	Cooperstein, Emily	JR Muhlenberg	1:16.65	1

**Event 28 Men 400 Meter Hurdles**

**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

=====  
 Conference: C 51.74 2000 Yori Adegunwa, Ursinus  
 Meet Record: M 53.52 1999 Yori Adegunwa, Ursinus  
 Name Year School Prelims H#  
 =====

Preliminaries

1	Brandeis, Ben	FR Dickinson	56.70Q	1
2	Grissinger, Nicholas	SO Gettysburg	56.73Q	2
3	Montina, Kem	JR Muhlenberg	57.15q	2
4	Eppley, Robert	SR Swarthmore	59.37q	2
5	Taylor, Giacomo	SR Johns Hopkins	59.87q	1
6	Slaboda, Brandon	FR Ursinus	1:01.99q	1
7	DiGregorio, Aaron	SO Franklin & Marshall	1:02.58q	1
8	Simmers, Matthew	SO Gettysburg	1:03.82q	2
9	Stango, Zach	FR McDaniel	1:04.18	2
10	McQuade, Peter	SO Gettysburg	1:07.72	2
11	Clark, Tristan	FR Dickinson	1:10.23	1

**Event 28 Men 400 Meter Hurdles**

=====  
 Conference: C 51.74 2000 Yori Adegunwa, Ursinus  
 Meet Record: M 53.52 1999 Yori Adegunwa, Ursinus  
 Name Year School Finals Points  
 =====

Finals

1	Grissinger, Nicholas	SO Gettysburg	55.61	10
2	Brandeis, Ben	FR Dickinson	56.48	8
3	Montina, Kem	JR Muhlenberg	57.02	6
4	Eppley, Robert	SR Swarthmore	59.20	5
5	Slaboda, Brandon	FR Ursinus	1:01.34	4
6	Simmers, Matthew	SO Gettysburg	1:02.29	3
7	DiGregorio, Aaron	SO Franklin & Marshall	1:06.37	2
8	Taylor, Giacomo	SR Johns Hopkins	1:27.08	1

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**Event 29 Women 800 Meter Run**

**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Conference: C 2:07.29 4/18/2014 Maggie Shelton, Johns Hopkins  
 Meet Record: M 2:09.91 2013 Maggie Shelton, Johns Hopkins

Name	Year	School	Prelims	H#
<b>Preliminaries</b>				
1 Olshanski, Therese	SO	Johns Hopkins	2:18.89Q	2
1:08.615 (1:08.615)		2:18.886 (1:10.271)		
2 Yanega, Allyson	SO	Dickinson	2:21.90Q	1
1:06.859 (1:06.859)		2:21.894 (1:15.035)		
3 Brush, Erin	SR	Johns Hopkins	2:23.57Q	3
1:09.841 (1:09.841)		2:23.567 (1:13.726)		
4 Greene, Laura	FR	Franklin & Marshall	2:19.48Q	2
1:08.793 (1:08.793)		2:19.474 (1:10.681)		
5 Cabellos, Victoria	JR	Muhlenberg	2:22.34Q	1
1:11.052 (1:11.052)		2:22.337 (1:11.285)		
6 Covitz, Sydney	JR	Swarthmore	2:24.02Q	3
1:10.158 (1:10.158)		2:24.013 (1:13.855)		
7 Larzelere, Georgia	FR	Gettysburg	2:21.79q	2
1:09.017 (1:09.017)		2:21.786 (1:12.769)		
8 Wesolowski, Paige	SR	Gettysburg	2:24.15q	2
1:09.357 (1:09.357)		2:24.150 (1:14.793)		
9 Sweeney, Sierra	FR	Swarthmore	2:25.31	3
1:10.703 (1:10.703)		2:25.305 (1:14.602)		
10 Sawosik, Camille	FR	Johns Hopkins	2:26.92	3
1:11.980 (1:11.980)		2:26.912 (1:14.932)		
11 DeMichael, Danielle	SR	Gettysburg	2:27.34	1
1:09.473 (1:09.473)		2:27.332 (1:17.859)		
12 Fox, Macallan	JR	Dickinson	2:28.35	3
1:12.381 (1:12.381)		2:28.347 (1:15.966)		
13 Lufrano, Amelia	SO	Dickinson	2:28.97	1
1:11.305 (1:11.305)		2:28.968 (1:17.663)		
14 Tanel, Lauren	FR	Haverford	2:29.02	1
1:11.935 (1:11.935)		2:29.013 (1:17.078)		
15 Webster, Maisy	SO	Johns Hopkins	2:30.71	1
1:10.616 (1:10.616)		2:30.708 (1:20.092)		
16 Ramirez, Mariana	JR	Haverford	2:31.16	2
1:09.504 (1:09.504)		2:31.154 (1:21.650)		
17 Hamelin, Amber	FR	Johns Hopkins	2:31.41	3
1:12.657 (1:12.657)		2:31.408 (1:18.751)		
18 Connors, Claire	SR	Dickinson	2:32.25	2
1:11.363 (1:11.363)		2:32.245 (1:20.882)		
19 Watson, Olivia	SR	Dickinson	2:32.82	3
1:12.220 (1:12.220)		2:32.814 (1:20.594)		
20 Fife, Isabella	FR	Dickinson	2:35.74	1
1:11.704 (1:11.704)		2:35.736 (1:24.032)		

**Event 29 Women 800 Meter Run**

Conference: C 2:07.29 4/18/2014 Maggie Shelton, Johns Hopkins  
 Meet Record: M 2:09.91 2013 Maggie Shelton, Johns Hopkins

Name	Year	School	Finals	Points
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Finals

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**....Event 29 Women 800 Meter Run**

1	Olshanski, Therese	SO Johns Hopkins	2:14.15	10
	1:06.769 (1:06.769)	2:14.149 (1:07.380)		
2	Brush, Erin	SR Johns Hopkins	2:14.35	8
	1:06.934 (1:06.934)	2:14.342 (1:07.408)		
3	Covitz, Sydney	JR Swarthmore	2:16.14	6
	1:07.178 (1:07.178)	2:16.137 (1:08.959)		
4	Yanega, Allyson	SO Dickinson	2:17.04	5
	1:07.333 (1:07.333)	2:17.040 (1:09.707)		
5	Greene, Laura	FR Franklin & Marshall	2:19.97	4
	1:07.589 (1:07.589)	2:19.962 (1:12.373)		
6	Cabellos, Victoria	JR Muhlenberg	2:20.58	3
	1:08.059 (1:08.059)	2:20.579 (1:12.520)		
7	Larzelere, Georgia	FR Gettysburg	2:21.07	2
	1:07.642 (1:07.642)	2:21.069 (1:13.427)		
8	Wesolowski, Paige	SR Gettysburg	2:34.79	1
	1:09.204 (1:09.204)	2:34.785 (1:25.581)		

**Event 30 Men 800 Meter Run**

**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====  
 Conference: C 1:48.26 5/23/1997 Karl Paranya, Haverford  
 Meet Record: M 1:51.21 2001 Will Elson, Muhlenberg  
 Name Year School Prelims H#  
 =====

Preliminaries

1	Morgan, Sam	FR Muhlenberg	1:55.30Q	1
	57.420 (57.420)	1:55.300 (57.880)		
2	Dixon, Alex	FR Johns Hopkins	1:55.58Q	3
	56.318 (56.318)	1:55.578 (59.260)		
3	Gibson, Gavin	SR McDaniel	1:55.85Q	2
	56.471 (56.471)	1:55.844 (59.373)		
4	Petrecca, Alex	SR Gettysburg	1:55.97Q	2
	56.579 (56.579)	1:55.969 (59.390)		
5	Armand, Jack	JR Johns Hopkins	1:56.66Q	1
	57.209 (57.209)	1:56.652 (59.443)		
6	Ullmann, Luke	SO Muhlenberg	1:57.37Q	3
	56.607 (56.607)	1:57.367 (1:00.760)		
7	Kelly, Andre	JR Ursinus	1:56.82q	1
	58.506 (58.506)	1:56.817 (58.311)		
8	Lyman, Spencer	SR Franklin & Marshall	1:56.91q	2
	56.778 (56.778)	1:56.903 (1:00.125)		
9	Funge, Chris	SR Muhlenberg	1:58.52	2
	57.042 (57.042)	1:58.514 (1:01.472)		
10	Reyes, Jordan	SR Swarthmore	1:58.98	3
	57.864 (57.864)	1:58.973 (1:01.109)		
11	Melendez, Andres	FR Johns Hopkins	2:00.18	2
	58.402 (58.402)	2:00.172 (1:01.770)		
12	Baker, Evan	JR Swarthmore	2:00.55	3
	58.136 (58.136)	2:00.545 (1:02.409)		
13	Landsberg, Jacob	SO Haverford	2:02.11	2
	58.615 (58.615)	2:02.104 (1:03.489)		
14	Crosby, Owen	SO Gettysburg	2:03.28	3
	1:00.149 (1:00.149)	2:03.273 (1:03.124)		
15	Garba, Saadiq	SR Swarthmore	2:05.37	1
	59.896 (59.896)	2:05.366 (1:05.470)		

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**....Event 30 Men 800 Meter Run**

16 Robinson, Matthew	SR Gettysburg	2:05.58	1
58.157 (58.157)	2:05.574 (1:07.417)		
17 Ozbolt, Alex	FR Johns Hopkins	2:12.89	3
56.689 (56.689)	2:12.888 (1:16.199)		

**Event 30 Men 800 Meter Run**

Conference: C 1:48.26 5/23/1997 Karl Paranya, Haverford  
 Meet Record: M 1:51.21 2001 Will Elson, Muhlenberg

Name	Year	School	Finals	Points
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Finals

1 Morgan, Sam	FR Muhlenberg	1:54.17	10
55.523 (55.523)	1:54.163 (58.640)		
2 Gibson, Gavin	SR McDaniel	1:55.04	8
55.321 (55.321)	1:55.039 (59.718)		
3 Dixon, Alex	FR Johns Hopkins	1:55.06	6
55.609 (55.609)	1:55.055 (59.446)		
4 Ullmann, Luke	SO Muhlenberg	1:55.33	5
55.863 (55.863)	1:55.322 (59.459)		
5 Kelly, Andre	JR Ursinus	1:57.14	4
55.686 (55.686)	1:57.135 (1:01.449)		
6 Petrecca, Alex	SR Gettysburg	1:57.56	3
56.832 (56.832)	1:57.557 (1:00.725)		
7 Armand, Jack	JR Johns Hopkins	1:58.10	2
55.348 (55.348)	1:58.096 (1:02.748)		
8 Lyman, Spencer	SR Franklin & Marshall	1:59.94	1
57.203 (57.203)	1:59.932 (1:02.729)		

**Event 31 Women 1500 Meter Run**

Conference: C 4:21.23 5/25/2013 Sheena Crawley, Franklin & Marshall  
 Meet Record: M 4:28.10 2013 Sheena Crawley, Franklin & Marshall

Name	Year	School	Finals	H#	Points
------	------	--------	--------	----	--------

1 Olshanski, Therese	SO Johns Hopkins	4:36.33	2	10
53.737 (53.737)	2:09.159 (1:15.422)	3:24.894 (1:15.735)	4:36.326 (1:11.432)	
2 Drew, Sophie	SR Haverford	4:39.58	2	8
53.828 (53.828)	2:09.399 (1:15.571)	3:25.142 (1:15.743)	4:39.579 (1:14.437)	
3 Cardi, Isabel	SO Dickinson	4:39.81	2	6
54.179 (54.179)	2:09.713 (1:15.534)	3:26.006 (1:16.293)	4:39.804 (1:13.798)	
4 Baran, Ella	FR Johns Hopkins	4:40.01	2	5
54.746 (54.746)	2:11.014 (1:16.268)	3:27.923 (1:16.909)	4:40.008 (1:12.085)	
5 Freed, Tasha	SR Johns Hopkins	4:42.01	2	4
54.002 (54.002)	2:09.502 (1:15.500)	3:26.355 (1:16.853)	4:42.007 (1:15.652)	
6 D'Addario, Gina	SR Johns Hopkins	4:43.16	2	3
54.469 (54.469)	2:10.379 (1:15.910)	3:27.990 (1:17.611)	4:43.152 (1:15.162)	
7 Summitt, Arielle	FR Johns Hopkins	4:45.04	2	2
56.005 (56.005)	2:13.706 (1:17.701)	3:31.691 (1:17.985)	4:45.031 (1:13.340)	
8 Levy, Sam	JR Johns Hopkins	4:46.04	2	1
54.928 (54.928)	2:11.270 (1:16.342)	3:28.293 (1:17.023)	4:46.033 (1:17.740)	
9 Kaulbach, Griffin	SO Haverford	4:47.21	2	
54.762 (54.762)	2:10.110 (1:15.348)	3:28.849 (1:18.739)	4:47.209 (1:18.360)	
10 Dalton, Abby	FR Muhlenberg	4:49.81	2	
53.934 (53.934)	2:09.222 (1:15.288)	3:27.055 (1:17.833)	4:49.803 (1:22.748)	

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**Muhlenberg College**

**Results**

**....Event 31 Women 1500 Meter Run**

11	Lazzari, Julianna	FR Johns Hopkins	4:51.69	2		
	56.246 (56.246)	2:14.164 (1:17.918)	3:32.728 (1:18.564)		4:51.687 (1:18.959)	
12	Yanega, Allyson	SO Dickinson	4:53.46	2		
	54.240 (54.240)	2:10.756 (1:16.516)	3:32.512 (1:21.756)		4:53.460 (1:20.948)	
13	Spjut, Lina	FR Johns Hopkins	4:56.21	1		
	59.995 (59.995)	2:19.072 (1:19.077)	3:38.733 (1:19.661)		4:56.207 (1:17.474)	
14	Himelein-Wachowiak, Kenz	SR Swarthmore	4:56.81	1		
	1:00.033 (1:00.033)	2:18.849 (1:18.816)	3:38.290 (1:19.441)		4:56.803 (1:18.513)	
15	Novak, Emma	SO Swarthmore	4:58.76	1		
	59.545 (59.545)	2:19.185 (1:19.640)	3:39.599 (1:20.414)		4:58.754 (1:19.155)	
16	Jacob, Lauren	JR Johns Hopkins	5:00.40	2		
	55.338 (55.338)	2:16.532 (1:21.194)	3:42.473 (1:25.941)		5:00.396 (1:17.923)	
17	Wijeratna, Aishanee	FR Johns Hopkins	5:01.19	1		
	59.828 (59.828)	2:20.442 (1:20.614)	3:42.453 (1:22.011)		5:01.186 (1:18.733)	
18	Frazier, Emma	SO Franklin & Marshall	5:01.38	1		
	59.304 (59.304)	2:20.005 (1:20.701)	3:41.150 (1:21.145)		5:01.377 (1:20.227)	
19	Blodgett, Nora	FR Swarthmore	5:03.05	2		
	56.437 (56.437)	2:16.355 (1:19.918)	3:39.931 (1:23.576)		5:03.050 (1:23.119)	
20	Teszler, Rose	FR Swarthmore	5:03.83	1		
	1:00.234 (1:00.234)	2:20.656 (1:20.422)	3:41.572 (1:20.916)		5:03.821 (1:22.249)	
21	Jaycobs, Jolie	JR Haverford	5:10.62	2		
	55.843 (55.843)	2:22.331 (1:26.488)	3:48.861 (1:26.530)		5:10.617 (1:21.756)	
22	Axinn, Amalia	SO Haverford	5:11.56	1		
	1:00.268 (1:00.268)	2:19.804 (1:19.536)	3:43.779 (1:23.975)		5:11.559 (1:27.780)	
23	Webster, Maisy	SO Johns Hopkins	5:13.07	1		
	59.673 (59.673)	2:20.743 (1:21.070)	3:45.972 (1:25.229)		5:13.069 (1:27.097)	

**Event 32 Men 1500 Meter Run**

=====						
Conference:	C	3:39.84	1996	Karl Paranya,	Haverford	
Meet Record:	M	3:48.34	2014	Andrew Carey,	Johns Hopkins	
Name	Year	School	Finals	H#	Points	
=====						
1	Morgan, Greg	SR Haverford	3:54.41	3	10	
	47.466 (47.466)	1:51.956 (1:04.490)	2:55.077 (1:03.121)		3:54.406 (59.329)	
2	Mullins, Corey	SR Muhlenberg	3:56.89	3	8	
	47.806 (47.806)	1:52.460 (1:04.654)	2:55.386 (1:02.926)		3:56.883 (1:01.497)	
3	Herrmann, Eric	SR Dickinson	3:57.02	3	6	
	47.609 (47.609)	1:52.265 (1:04.656)	2:55.840 (1:03.575)		3:57.011 (1:01.171)	
4	Doran, Alex	SR Johns Hopkins	3:57.41	3	5	
	47.305 (47.305)	1:51.462 (1:04.157)	2:55.808 (1:04.346)		3:57.406 (1:01.598)	
5	Bhat, Vipul	JR Johns Hopkins	3:59.30	3	4	
	47.991 (47.991)	1:53.138 (1:05.147)	2:56.679 (1:03.541)		3:59.296 (1:02.617)	
6	Pourshalchi, Scott	SR Johns Hopkins	3:59.62	3	3	
	47.113 (47.113)	1:52.659 (1:05.546)	2:58.805 (1:06.146)		3:59.619 (1:00.814)	
7	Petrececa, Alex	SR Gettysburg	4:01.09	3	2	
	47.690 (47.690)	1:52.796 (1:05.106)	2:56.392 (1:03.596)		4:01.081 (1:04.689)	
8	Peters, Kevin	SR Johns Hopkins	4:03.45	3	1	
	46.532 (46.532)	1:51.759 (1:05.227)	2:56.594 (1:04.835)		4:03.447 (1:06.853)	
9	Richwall, Jason	JR Muhlenberg	4:03.66	2		
	46.835 (46.835)	1:53.167 (1:06.332)	2:59.472 (1:06.305)		4:03.654 (1:04.182)	
10	Oh, Ted	JR Johns Hopkins	4:03.86	3		
	47.890 (47.890)	1:52.939 (1:05.049)	2:58.784 (1:05.845)		4:03.860 (1:05.076)	
11	Tripeny, Nico	FR Haverford	4:04.49	2		
	47.707 (47.707)	1:53.724 (1:06.017)	3:00.121 (1:06.397)		4:04.482 (1:04.361)	

**2019 Centennial Conference Outdoor Track & Field Championships - 5/3/2019 to 5****Muhlenberg College****Results****....Event 32 Men 1500 Meter Run**

12	Rothenberg, Ethan	FR Swarthmore	4:04.55	2		
	46.974 (46.974)	1:53.361 (1:06.387)	2:59.677 (1:06.316)	4:04.546 (1:04.869)		
13	Wall, Liam	SR Johns Hopkins	4:05.08	2		
	47.400 (47.400)	1:53.944 (1:06.544)	2:59.972 (1:06.028)	4:05.077 (1:05.105)		
14	Goings, Chris	SR Haverford	4:05.24	3		
	47.311 (47.311)	1:53.073 (1:05.762)	2:59.110 (1:06.037)	4:05.238 (1:06.128)		
15	Patel, Panth	SR Johns Hopkins	4:05.38	3		
	47.285 (47.285)	1:52.929 (1:05.644)	2:58.278 (1:05.349)	4:05.376 (1:07.098)		
16	Sheldon, Samuel	JR Gettysburg	4:05.40	2		
	47.460 (47.460)	1:54.135 (1:06.675)	3:00.260 (1:06.125)	4:05.397 (1:05.137)		
17	Condotti, Alex	SR Johns Hopkins	4:07.48	3		
	47.639 (47.639)	1:53.759 (1:06.120)	3:01.557 (1:07.798)	4:07.478 (1:05.921)		
18	Woodhouse, Ian	SR Haverford	4:08.74	1		
	48.564 (48.564)	1:56.623 (1:08.059)	3:05.395 (1:08.772)	4:08.739 (1:03.344)		
19	Katz, Matt	SO Haverford	4:09.56	1		
	48.151 (48.151)	1:56.079 (1:07.928)	3:04.367 (1:08.288)	4:09.560 (1:05.193)		
20	Kawakatsu, Hiro	JR Haverford	4:10.35	3		
	48.189 (48.189)	1:53.399 (1:05.210)	3:00.387 (1:06.988)	4:10.344 (1:09.957)		
21	Perales, Simon	SO Haverford	4:10.53	1		
	48.751 (48.751)	1:56.834 (1:08.083)	3:04.964 (1:08.130)	4:10.525 (1:05.561)		
22	Chandler, William	SR Dickinson	4:11.38	2		
	48.006 (48.006)	1:54.623 (1:06.617)	3:03.109 (1:08.486)	4:11.374 (1:08.265)		
23	Karlsen, Amos	FR Haverford	4:11.44	1		
	49.058 (49.058)	1:56.358 (1:07.300)	3:04.751 (1:08.393)	4:11.438 (1:06.687)		
24	Miller, Michael	SR Gettysburg	4:12.48	1		
	49.650 (49.650)	1:58.234 (1:08.584)	3:07.366 (1:09.132)	4:12.471 (1:05.105)		
25	Allen, Jeffrey	FR Haverford	4:12.50	1		
	49.334 (49.334)	1:57.453 (1:08.119)	3:07.252 (1:09.799)	4:12.499 (1:05.247)		
26	Kaiser, Scott	FR Haverford	4:12.53	1		
	48.814 (48.814)	1:57.166 (1:08.352)	3:06.152 (1:08.986)	4:12.524 (1:06.372)		
27	Saxon, Jacob	SR Muhlenberg	4:12.78	2		
	46.966 (46.966)	1:53.576 (1:06.610)	3:00.583 (1:07.007)	4:12.772 (1:12.189)		
28	Maciel, Marcos	FR Ursinus	4:12.99	2		
	47.634 (47.634)	1:53.339 (1:05.705)	2:59.536 (1:06.197)	4:12.984 (1:13.448)		
29	McKeever, Dylan	SO Gettysburg	4:13.50	3		
	48.248 (48.248)	1:54.937 (1:06.689)	3:05.335 (1:10.398)	4:13.493 (1:08.158)		
30	Mears, Isaac	JR Johns Hopkins	4:14.82	1		
	49.761 (49.761)	1:58.696 (1:08.935)	3:07.987 (1:09.291)	4:14.818 (1:06.831)		
31	Lyman, Spencer	SR Franklin & Marshall	4:14.85	2		
	46.676 (46.676)	1:53.413 (1:06.737)	3:01.847 (1:08.434)	4:14.850 (1:13.003)		
32	Bibeau, Stuart	SR Muhlenberg	4:17.60	1		
	49.920 (49.920)	1:56.979 (1:07.059)	3:07.753 (1:10.774)	4:17.591 (1:09.838)		
33	Barker, James	JR Haverford	4:19.99	3		
	48.027 (48.027)	1:54.471 (1:06.444)	3:06.995 (1:12.524)	4:19.983 (1:12.988)		
34	Colgan, William	SR Swarthmore	4:20.29	1		
	50.256 (50.256)	1:58.012 (1:07.756)	3:08.478 (1:10.466)	4:20.282 (1:11.804)		
35	Meyer, Jacob	JR Johns Hopkins	4:29.40	2		
	47.244 (47.244)	1:54.935 (1:07.691)	3:10.521 (1:15.586)	4:29.400 (1:18.879)		

**2019 Centennial Conference Outdoor Track & Field Championships - 5/3/2019 to 5****Muhlenberg College****Results****Event 33 Women 3000 Meter Steeplechase**

Conference: C 10:21.04 5/26/2007 Cait Bradley, Dickinson							
Meet Record: M 10:38.59 2007 Cait Bradley, Dickinson							
Name	Year	School	Finals	Points			
1 Summitt, Arielle	FR	Johns Hopkins	11:23.49	10			
48.772 (48.772)	2:20.976 (1:32.204)	3:56.736 (1:35.760)	5:30.035 (1:33.299)				
6:57.694 (1:27.659)	8:26.330 (1:28.636)	9:54.985 (1:28.655)	11:23.487 (1:28.502)				
2 Kyle, Anna	JR	Bryn Mawr	11:48.28	8			
48.467 (48.467)	2:20.775 (1:32.308)	3:56.643 (1:35.868)	5:32.191 (1:35.548)				
7:06.826 (1:34.635)	8:43.074 (1:36.248)	10:19.320 (1:36.246)	11:48.272 (1:28.952)				
3 Kelley, Ava	SO	Johns Hopkins	11:49.43	6			
49.191 (49.191)	2:21.505 (1:32.314)	3:56.954 (1:35.449)	5:31.564 (1:34.610)				
7:05.330 (1:33.766)	8:41.948 (1:36.618)	10:19.214 (1:37.266)	11:49.421 (1:30.207)				
4 Blodgett, Nora	FR	Swarthmore	11:55.56	5			
49.920 (49.920)	2:23.000 (1:33.080)	3:58.881 (1:35.881)	5:34.166 (1:35.285)				
7:10.162 (1:35.996)	8:46.542 (1:36.380)	10:24.167 (1:37.625)	11:55.552 (1:31.385)				
5 Ionescu, Lucile	SR	Dickinson	12:05.38	4			
51.241 (51.241)	2:26.077 (1:34.836)	4:01.095 (1:35.018)	5:37.284 (1:36.189)				
7:14.403 (1:37.119)	8:53.110 (1:38.707)	10:31.403 (1:38.293)	12:05.375 (1:33.972)				
6 Krall, McKenna	JR	Haverford	12:33.79	3			
49.616 (49.616)	2:22.658 (1:33.042)	3:58.823 (1:36.165)	5:38.878 (1:40.055)				
7:22.064 (1:43.186)	9:08.452 (1:46.388)	10:53.830 (1:45.378)	12:33.784 (1:39.954)				
7 Schleifer, Sophie	FR	Haverford	12:39.07	2			
50.338 (50.338)	2:23.106 (1:32.768)	3:59.799 (1:36.693)	5:40.692 (1:40.893)				
7:26.997 (1:46.305)	9:13.845 (1:46.848)	11:00.221 (1:46.376)	12:39.068 (1:38.847)				
8 Connolly-Sporing, Annie	JR	Haverford	12:41.02	1			
50.388 (50.388)	2:24.071 (1:33.683)	4:01.507 (1:37.436)	5:44.709 (1:43.202)				
7:30.859 (1:46.150)	9:17.124 (1:46.265)	11:05.189 (1:48.065)	12:41.015 (1:35.826)				
9 Ardit, Zoe	JR	Haverford	12:47.81				
52.186 (52.186)	2:26.667 (1:34.481)	4:04.224 (1:37.557)	5:46.517 (1:42.293)				
7:31.704 (1:45.187)	9:19.295 (1:47.591)	11:09.201 (1:49.906)	12:47.801 (1:38.600)				
10 Healy, Teresa	JR	Dickinson	12:47.84				
52.306 (52.306)	2:32.955 (1:40.649)	4:16.788 (1:43.833)	6:02.115 (1:45.327)				
7:47.367 (1:45.252)	9:32.871 (1:45.504)	11:15.844 (1:42.973)	12:47.833 (1:31.989)				
11 Conhoff, Rachel	FR	Ursinus	12:48.58				
52.902 (52.902)	2:30.480 (1:37.578)	4:12.208 (1:41.728)	5:58.391 (1:46.183)				
7:45.685 (1:47.294)	9:32.222 (1:46.537)	11:16.968 (1:44.746)	12:48.578 (1:31.610)				
12 McCauley, Cameron	SO	Muhlenberg	13:02.39				
51.747 (51.747)	2:28.264 (1:36.517)	4:06.948 (1:38.684)	5:50.188 (1:43.240)				
7:37.830 (1:47.642)	9:27.334 (1:49.504)	11:17.791 (1:50.457)	13:02.382 (1:44.591)				
13 Curtis, Alyssa	JR	Muhlenberg	13:07.38				
51.126 (51.126)	2:27.521 (1:36.395)	4:06.538 (1:39.017)	5:50.479 (1:43.941)				
7:39.232 (1:48.753)	9:29.104 (1:49.872)	11:20.071 (1:50.967)	13:07.373 (1:47.302)				
14 Lindvall, Freya	FR	Franklin & Marshall	13:16.99				
52.867 (52.867)	2:31.410 (1:38.543)	4:14.960 (1:43.550)	6:00.219 (1:45.259)				
7:48.695 (1:48.476)	9:39.537 (1:50.842)	11:32.118 (1:52.581)	13:16.986 (1:44.868)				

**Event 34 Men 3000 Meter Steeplechase**

Conference: C 8:51.30 4/18/2014 Avi Bregman, Haverford							
Meet Record: M 8:56.90 2002 J.B. Haglund, Haverford							
Name	Year	School	Finals	Points			



**2019 Centennial Conference Outdoor Track & Field Championships - 5/3/2019 to 5**

**Muhlenberg College**

**Results**

**....Event 34 Men 3000 Meter Steeplechase**

1	Herlihy, Ryan	SR Haverford	9:18.13	10			
	39.075 (39.075)	1:51.775 (1:12.700)	3:05.129 (1:13.354)	4:20.039 (1:14.910)			
	5:34.850 (1:14.811)	6:50.079 (1:15.229)	8:05.253 (1:15.174)	9:18.121 (1:12.868)			
2	Peet, Graham	SR Haverford	9:18.23	8			
	38.867 (38.867)	1:51.519 (1:12.652)	3:05.544 (1:14.025)	4:20.436 (1:14.892)			
	5:35.411 (1:14.975)	6:50.657 (1:15.246)	8:06.082 (1:15.425)	9:18.226 (1:12.144)			
3	Sheldon, Samuel	JR Gettysburg	9:28.44	6			
	39.665 (39.665)	1:52.335 (1:12.670)	3:06.212 (1:13.877)	4:21.565 (1:15.353)			
	5:36.713 (1:15.148)	6:54.114 (1:17.401)	8:11.383 (1:17.269)	9:28.440 (1:17.057)			
4	King, Andrew	JR Johns Hopkins	9:44.64	5			
	39.217 (39.217)	1:51.945 (1:12.728)	3:05.897 (1:13.952)	4:21.224 (1:15.327)			
	5:41.375 (1:20.151)	7:02.422 (1:21.047)	8:25.758 (1:23.336)	9:44.634 (1:18.876)			
5	Scharf, Christopher	FR Dickinson	9:47.10	4			
	40.896 (40.896)	1:56.507 (1:15.611)	3:14.034 (1:17.527)	4:32.875 (1:18.841)			
	5:52.644 (1:19.769)	7:13.412 (1:20.768)	8:33.569 (1:20.157)	9:47.097 (1:13.528)			
6	Hunter, Jack	SO Haverford	9:51.59	3			
	42.001 (42.001)	1:57.752 (1:15.751)	3:15.171 (1:17.419)	4:33.042 (1:17.871)			
	5:51.927 (1:18.885)	7:13.321 (1:21.394)	8:34.410 (1:21.089)	9:51.586 (1:17.176)			
7	Saxon, Jacob	SR Muhlenberg	9:58.66	2			
	41.538 (41.538)	1:58.375 (1:16.837)	3:16.927 (1:18.552)	4:36.622 (1:19.695)			
	5:57.783 (1:21.161)	7:19.505 (1:21.722)	8:42.614 (1:23.109)	9:58.660 (1:16.046)			
8	Buckley, Peter	FR Haverford	9:59.42	1			
	41.732 (41.732)	1:57.531 (1:15.799)	3:15.316 (1:17.785)	4:34.604 (1:19.288)			
	5:54.945 (1:20.341)	7:18.338 (1:23.393)	8:42.364 (1:24.026)	9:59.418 (1:17.054)			
9	Doherty Munro, Jacob	FR Dickinson	10:04.58				
	41.141 (41.141)	1:57.771 (1:16.630)	3:16.401 (1:18.630)	4:38.020 (1:21.619)			
	6:02.133 (1:24.113)	7:27.339 (1:25.206)	8:50.709 (1:23.370)	10:04.575 (1:13.866)			
10	Pitt, Garrett	SO Johns Hopkins	10:09.51				
	42.723 (42.723)	2:00.261 (1:17.538)	3:19.396 (1:19.135)	4:40.013 (1:20.617)			
	6:02.041 (1:22.028)	7:25.319 (1:23.278)	8:49.147 (1:23.828)	10:09.510 (1:20.363)			
11	Walkush, Declan	SO Muhlenberg	10:32.53				
	42.283 (42.283)	1:59.785 (1:17.502)	3:21.834 (1:22.049)	4:45.266 (1:23.432)			
	6:10.708 (1:25.442)	7:41.076 (1:30.368)	9:08.065 (1:26.989)	10:32.528 (1:24.463)			
12	O'Donnell, Ryan	FR Haverford	10:42.93				
	42.239 (42.239)	2:00.158 (1:17.919)	3:23.435 (1:23.277)	4:51.731 (1:28.296)			
	6:21.917 (1:30.186)	7:51.503 (1:29.586)	9:21.809 (1:30.306)	10:42.921 (1:21.112)			
13	Kotran, Benjamin	SO Franklin & Marshall	10:53.54				
	41.507 (41.507)	2:03.239 (1:21.732)	3:28.284 (1:25.045)	4:56.332 (1:28.048)			
	6:26.753 (1:30.421)	7:56.311 (1:29.558)	9:28.541 (1:32.230)	10:53.534 (1:24.993)			
14	Winston, Reuben	SO Dickinson	11:03.89				
	42.761 (42.761)	2:02.533 (1:19.772)	3:26.206 (1:23.673)	4:54.275 (1:28.069)			
	6:25.056 (1:30.781)	7:57.877 (1:32.821)	9:32.762 (1:34.885)	11:03.883 (1:31.121)			

**Event 35 Women 5000 Meter Run**

=====							
Conference:	C	16:34.99	4/29/2016	Katie Jo McMenamin,	Swarthmore		
Meet Record:	M	17:06.99	2014	Sara Patterson,	Dickinson		
Name	Year	School	Finals	Points			
=====							
1	Reilly, Caelyn	JR Johns Hopkins	17:09.11	10			
	38.316 (38.316)	2:02.834 (1:24.518)	3:27.135 (1:24.301)	4:49.501 (1:22.366)			
	6:11.708 (1:22.207)	7:33.941 (1:22.233)	8:56.995 (1:23.054)	10:19.710 (1:22.715)			
	11:42.478 (1:22.768)	13:04.670 (1:22.192)	14:27.875 (1:23.205)	15:50.248 (1:22.373)			
	17:09.109 (1:18.861)						

**2019 Centennial Conference Outdoor Track & Field Championships - 5/3/2019 to 5****Muhlenberg College****Results****....Event 35 Women 5000 Meter Run**

2	Johnston, Emma	SO Dickinson	17:23.87	8
	39.049 (39.049)	2:03.448 (1:24.399)	3:27.583 (1:24.135)	4:50.525 (1:22.942)
	6:12.747 (1:22.222)	7:34.933 (1:22.186)	8:58.503 (1:23.570)	10:22.678 (1:24.175)
	11:47.936 (1:25.258)	13:13.430 (1:25.494)	14:39.523 (1:26.093)	16:03.700 (1:24.177)
	17:23.869 (1:20.169)			
3	Cardi, Isabel	SO Dickinson	17:23.94	6
	38.189 (38.189)	2:02.793 (1:24.604)	3:27.300 (1:24.507)	4:50.196 (1:22.896)
	6:12.351 (1:22.155)	7:34.563 (1:22.212)	8:58.042 (1:23.479)	10:22.216 (1:24.174)
	11:47.614 (1:25.398)	13:13.171 (1:25.557)	14:39.805 (1:26.634)	16:03.852 (1:24.047)
	17:23.935 (1:20.083)			
4	Stahl, Emily	SR Johns Hopkins	17:26.96	5
	40.528 (40.528)	2:03.354 (1:22.826)	3:28.714 (1:25.360)	4:53.122 (1:24.408)
	6:16.680 (1:23.558)	7:41.871 (1:25.191)	9:07.540 (1:25.669)	10:32.132 (1:24.592)
	11:55.010 (1:22.878)	13:21.112 (1:26.102)	14:46.574 (1:25.462)	16:08.379 (1:21.805)
	17:26.959 (1:18.580)			
5	House, Sarah	JR Dickinson	17:35.17	4
	38.619 (38.619)	2:03.191 (1:24.572)	3:27.127 (1:23.936)	4:49.864 (1:22.737)
	6:12.047 (1:22.183)	7:34.271 (1:22.224)	8:57.440 (1:23.169)	10:21.853 (1:24.413)
	11:47.405 (1:25.552)	13:13.847 (1:26.442)	14:44.026 (1:30.179)	16:13.478 (1:29.452)
	17:35.162 (1:21.684)			
6	Cassidy, Tessa	JR Dickinson	17:43.27	3
	39.971 (39.971)	2:05.376 (1:25.405)	3:29.285 (1:23.909)	4:53.434 (1:24.149)
	6:16.922 (1:23.488)	7:42.090 (1:25.168)	9:07.811 (1:25.721)	10:32.439 (1:24.628)
	11:55.560 (1:23.121)	13:22.384 (1:26.824)	14:50.630 (1:28.246)	16:18.671 (1:28.041)
	17:43.264 (1:24.593)			
7	Palmer, Shaina	SR Johns Hopkins	17:51.40	2
	39.522 (39.522)	2:05.034 (1:25.512)	3:31.794 (1:26.760)	4:59.133 (1:27.339)
	6:25.329 (1:26.196)	7:51.897 (1:26.568)	9:19.017 (1:27.120)	10:44.922 (1:25.905)
	12:11.252 (1:26.330)	13:39.194 (1:27.942)	15:06.431 (1:27.237)	16:31.520 (1:25.089)
	17:51.391 (1:19.871)			
8	Grusby, Rebecca	JR Johns Hopkins	17:52.29	1
	39.909 (39.909)	2:05.213 (1:25.304)	3:32.020 (1:26.807)	4:59.454 (1:27.434)
	6:25.426 (1:25.972)	7:51.936 (1:26.510)	9:18.449 (1:26.513)	10:44.198 (1:25.749)
	12:10.986 (1:26.788)	13:39.143 (1:28.157)	15:06.347 (1:27.204)	16:31.355 (1:25.008)
	17:52.287 (1:20.932)			
9	Drew, Sophie	SR Haverford	18:01.31	
	39.276 (39.276)	2:04.843 (1:25.567)	3:30.273 (1:25.430)	4:56.640 (1:26.367)
	6:24.708 (1:28.068)	7:51.652 (1:26.944)	9:19.041 (1:27.389)	10:46.285 (1:27.244)
	12:15.111 (1:28.826)	13:44.478 (1:29.367)	15:13.110 (1:28.632)	16:39.829 (1:26.719)
	18:01.306 (1:21.477)			
10	Ross, Alex	FR Johns Hopkins	18:31.60	
	40.843 (40.843)	2:05.613 (1:24.770)	3:32.107 (1:26.494)	4:59.255 (1:27.148)
	6:25.023 (1:25.768)	7:51.458 (1:26.435)	9:18.777 (1:27.319)	10:49.385 (1:30.608)
	12:21.607 (1:32.222)	13:56.040 (1:34.433)	15:31.774 (1:35.734)	17:05.240 (1:33.466)
	18:31.598 (1:26.358)			
11	Ionescu, Lucile	SR Dickinson	18:38.22	
	42.191 (42.191)	2:08.529 (1:26.338)	3:35.233 (1:26.704)	5:05.211 (1:29.978)
	6:35.308 (1:30.097)	8:07.149 (1:31.841)	9:39.082 (1:31.933)	11:11.454 (1:32.372)
	12:43.992 (1:32.538)	14:14.705 (1:30.713)	15:46.180 (1:31.475)	17:15.768 (1:29.588)
	18:38.216 (1:22.448)			
12	Chang, Julia	SR Johns Hopkins	18:40.66	
	41.795 (41.795)	2:06.035 (1:24.240)	3:32.409 (1:26.374)	4:59.680 (1:27.271)
	6:25.815 (1:26.135)	7:54.745 (1:28.930)	9:27.579 (1:32.834)	11:01.431 (1:33.852)
	12:33.450 (1:32.019)	14:05.140 (1:31.690)	15:39.649 (1:34.509)	17:17.355 (1:37.706)
	18:40.655 (1:23.300)			

**2019 Centennial Conference Outdoor Track & Field Championships - 5/3/2019 to 5**

**Muhlenberg College**

**Results**

**....Event 35 Women 5000 Meter Run**

13 Doll, Hannah	SO Haverford	18:44.08			
40.448 (40.448)	2:05.898 (1:25.450)	3:32.231 (1:26.333)	4:59.649 (1:27.418)		
6:26.110 (1:26.461)	7:52.333 (1:26.223)	9:19.937 (1:27.604)	10:52.058 (1:32.121)		
12:27.104 (1:35.046)	14:04.220 (1:37.116)	15:38.901 (1:34.681)	17:14.888 (1:35.987)		
18:44.071 (1:29.183)					
14 Cassell, Elizabeth	FR Dickinson	18:48.02			
38.651 (38.651)	2:04.564 (1:25.913)	3:31.702 (1:27.138)	4:59.438 (1:27.736)		
6:28.741 (1:29.303)	7:59.693 (1:30.952)	9:33.062 (1:33.369)	11:07.935 (1:34.873)		
12:42.607 (1:34.672)	14:16.614 (1:34.007)	15:51.531 (1:34.917)	17:24.274 (1:32.743)		
18:48.019 (1:23.745)					
15 Ionescu, Candice	SR Dickinson	18:50.76			
41.158 (41.158)	2:08.792 (1:27.634)	3:35.477 (1:26.685)	5:04.645 (1:29.168)		
6:34.896 (1:30.251)	8:06.950 (1:32.054)	9:39.311 (1:32.361)	11:10.942 (1:31.631)		
12:44.294 (1:33.352)	14:15.923 (1:31.629)	15:51.661 (1:35.738)	17:27.860 (1:36.199)		
18:50.755 (1:22.895)					
16 Engel, Riley	SR Ursinus	18:59.26			
40.276 (40.276)	2:06.903 (1:26.627)	3:35.986 (1:29.083)	5:05.419 (1:29.433)		
6:35.515 (1:30.096)	8:07.379 (1:31.864)	9:39.804 (1:32.425)	11:13.394 (1:33.590)		
12:48.070 (1:34.676)	14:23.712 (1:35.642)	15:59.449 (1:35.737)	17:34.214 (1:34.765)		
18:59.252 (1:25.038)					
17 Clancy, Elaina	FR Dickinson	19:44.73			
41.441 (41.441)	2:08.883 (1:27.442)	3:35.816 (1:26.933)	5:04.864 (1:29.048)		
6:35.133 (1:30.269)	8:07.189 (1:32.056)	9:41.021 (1:33.832)	11:19.448 (1:38.427)		
13:00.372 (1:40.924)	14:44.610 (1:44.238)	16:30.780 (1:46.170)	18:12.771 (1:41.991)		
19:44.730 (1:31.959)					
-- Avola, Mari	FR Muhlenberg	DNF			
40.788 (40.788)	2:06.628 (1:25.840)	3:35.713 (1:29.085)	5:05.441 (1:29.728)		
6:35.556 (1:30.115)	8:07.593 (1:32.037)				

**Event 36 Men 5000 Meter Run**

=====					
Conference: C	13:59.21	4/20/2012	Jordan Schilit, Haverford		
Meet Record: M	14:28.70	2014	Chris Stadler, Haverford		
Name	Year	School	Finals	H#	Points
=====					
1 Peet, Graham	SR	Haverford	14:35.98	2	10
34.905 (34.905)	1:48.069 (1:13.164)	2:59.120 (1:11.051)	4:08.411 (1:09.291)		
5:19.475 (1:11.064)	6:30.601 (1:11.126)	7:42.118 (1:11.517)	8:53.212 (1:11.094)		
10:03.955 (1:10.743)	11:15.971 (1:12.016)	12:25.713 (1:09.742)	13:34.224 (1:08.511)		
14:35.971 (1:01.747)					
2 Morgan, Greg	SR	Haverford	14:36.05	2	8
34.780 (34.780)	1:47.698 (1:12.918)	2:58.940 (1:11.242)	4:08.921 (1:09.981)		
5:19.685 (1:10.764)	6:30.844 (1:11.159)	7:42.319 (1:11.475)	8:53.415 (1:11.096)		
10:04.121 (1:10.706)	11:15.690 (1:11.569)	12:25.890 (1:10.200)	13:34.097 (1:08.207)		
14:36.044 (1:01.947)					
3 Descavish, Bryce	JR	Dickinson	14:39.05	2	6
35.254 (35.254)	1:47.892 (1:12.638)	2:59.307 (1:11.415)	4:09.470 (1:10.163)		
5:19.988 (1:10.518)	6:30.794 (1:10.806)	7:42.400 (1:11.606)	8:53.672 (1:11.272)		
10:04.414 (1:10.742)	11:16.248 (1:11.834)	12:26.481 (1:10.233)	13:35.171 (1:08.690)		
14:39.042 (1:03.871)					
4 Pangalozzi, Jared	SO	Johns Hopkins	14:42.11	2	5
33.937 (33.937)	1:46.232 (1:12.295)	2:56.867 (1:10.635)	4:06.852 (1:09.985)		
5:18.581 (1:11.729)	6:29.419 (1:10.838)	7:41.749 (1:12.330)	8:52.706 (1:10.957)		
10:04.242 (1:11.536)	11:16.475 (1:12.233)	12:26.239 (1:09.764)	13:35.553 (1:09.314)		
14:42.109 (1:06.556)					

**2019 Centennial Conference Outdoor Track & Field Championships - 5/3/2019 to 5****Muhlenberg College****Results****....Event 36 Men 5000 Meter Run**

5	Hickson, Oliver	SR Johns Hopkins	14:59.58	2	4		
	34.734 (34.734)	1:47.196 (1:12.462)	2:57.897 (1:10.701)	4:08.999 (1:11.102)			
	5:19.828 (1:10.829)	6:31.481 (1:11.653)	7:43.487 (1:12.006)	8:55.668 (1:12.181)			
	10:09.359 (1:13.691)	11:22.377 (1:13.018)	12:36.511 (1:14.134)	13:50.595 (1:14.084)			
	14:59.577 (1:08.982)						
6	Murray, PJ	JR Johns Hopkins	15:10.12	2	3		
	34.014 (34.014)	1:46.399 (1:12.385)	2:57.348 (1:10.949)	4:07.998 (1:10.650)			
	5:19.025 (1:11.027)	6:31.287 (1:12.262)	7:44.385 (1:13.098)	8:58.407 (1:14.022)			
	10:12.493 (1:14.086)	11:29.203 (1:16.710)	12:46.007 (1:16.804)	14:02.520 (1:16.513)			
	15:10.117 (1:07.597)						
7	Hopkins, Duncan	SR Dickinson	15:12.34	2	2		
	35.234 (35.234)	1:48.130 (1:12.896)	2:59.334 (1:11.204)	4:09.947 (1:10.613)			
	5:21.211 (1:11.264)	6:34.617 (1:13.406)	7:50.025 (1:15.408)	9:05.043 (1:15.018)			
	10:18.429 (1:13.386)	11:33.670 (1:15.241)	12:49.086 (1:15.416)	14:03.455 (1:14.369)			
	15:12.338 (1:08.883)						
8	Delahanty, Connor	SO Johns Hopkins	15:16.21	1	1		
	34.186 (34.186)	1:47.610 (1:13.424)	3:01.343 (1:13.733)	4:15.000 (1:13.657)			
	5:29.270 (1:14.270)	6:43.573 (1:14.303)	7:58.760 (1:15.187)	9:13.763 (1:15.003)			
	10:28.552 (1:14.789)	11:43.032 (1:14.480)	12:57.443 (1:14.411)	14:11.396 (1:13.953)			
	15:16.202 (1:04.806)						
9	Herrmann, Eric	SR Dickinson	15:16.24	2			
	35.761 (35.761)	1:48.933 (1:13.172)	2:59.937 (1:11.004)	4:10.674 (1:10.737)			
	5:21.556 (1:10.882)	6:33.904 (1:12.348)	7:48.043 (1:14.139)	9:04.521 (1:16.478)			
	10:19.749 (1:15.228)	11:38.403 (1:18.654)	12:56.361 (1:17.958)	14:10.703 (1:14.342)			
	15:16.235 (1:05.532)						
10	Doran, Alex	SR Johns Hopkins	15:17.98	2			
	34.293 (34.293)	1:46.890 (1:12.597)	2:57.678 (1:10.788)	4:08.651 (1:10.973)			
	5:20.314 (1:11.663)	6:33.158 (1:12.844)	7:48.284 (1:15.126)	9:03.948 (1:15.664)			
	10:20.002 (1:16.054)	11:37.009 (1:17.007)	12:54.517 (1:17.508)	14:11.806 (1:17.289)			
	15:17.971 (1:06.165)						
11	Bhat, Vipul	JR Johns Hopkins	15:19.56	2			
	35.383 (35.383)	1:48.671 (1:13.288)	2:59.736 (1:11.065)	4:10.047 (1:10.311)			
	5:21.810 (1:11.763)	6:35.072 (1:13.262)	7:50.572 (1:15.500)	9:06.522 (1:15.950)			
	10:24.547 (1:18.025)	11:41.947 (1:17.400)	12:59.067 (1:17.120)	14:14.452 (1:15.385)			
	15:19.560 (1:05.108)						
12	Brelig, Max	FR Haverford	15:21.59	1			
	34.908 (34.908)	1:47.806 (1:12.898)	3:01.587 (1:13.781)	4:15.168 (1:13.581)			
	5:28.796 (1:13.628)	6:43.929 (1:15.133)	7:58.601 (1:14.672)	9:13.936 (1:15.335)			
	10:28.803 (1:14.867)	11:43.268 (1:14.465)	12:57.687 (1:14.419)	14:11.029 (1:13.342)			
	15:21.583 (1:10.554)						
13	Madden, Conor	JR Haverford	15:24.73	2			
	35.475 (35.475)	1:48.245 (1:12.770)	2:59.488 (1:11.243)	4:09.526 (1:10.038)			
	5:20.332 (1:10.806)	6:32.434 (1:12.102)	7:45.220 (1:12.786)	9:01.736 (1:16.516)			
	10:17.897 (1:16.161)	11:34.630 (1:16.733)	12:54.938 (1:20.308)	14:10.340 (1:15.402)			
	15:24.728 (1:14.388)						
14	Dye, Patrick	SO Johns Hopkins	15:27.79	2			
	33.184 (33.184)	1:46.812 (1:13.628)	2:58.721 (1:11.909)	4:10.350 (1:11.629)			
	5:23.136 (1:12.786)	6:37.705 (1:14.569)	7:53.894 (1:16.189)	9:09.913 (1:16.019)			
	10:27.223 (1:17.310)	11:43.672 (1:16.449)	13:01.085 (1:17.413)	14:17.866 (1:16.781)			
	15:27.789 (1:09.923)						
15	Howe, Will	SO Johns Hopkins	15:29.67	1			
	34.658 (34.658)	1:47.119 (1:12.461)	3:00.662 (1:13.543)	4:14.107 (1:13.445)			
	5:28.394 (1:14.287)	6:43.838 (1:15.444)	7:58.340 (1:14.502)	9:14.024 (1:15.684)			
	10:29.659 (1:15.635)	11:45.915 (1:16.256)	13:03.739 (1:17.824)	14:22.060 (1:18.321)			
	15:29.668 (1:07.608)						

**2019 Centennial Conference Outdoor Track & Field Championships - 5/3/2019 to 5****Muhlenberg College****Results****....Event 36 Men 5000 Meter Run**

16 Scharf, Christopher	FR Dickinson	15:32.42	1
34.766 (34.766)	1:48.129 (1:13.363)	3:02.164 (1:14.035)	4:16.044 (1:13.880)
5:29.555 (1:13.511)	6:44.095 (1:14.540)	7:59.004 (1:14.909)	9:14.650 (1:15.646)
10:32.140 (1:17.490)	11:49.645 (1:17.505)	13:06.958 (1:17.313)	14:22.375 (1:15.417)
15:32.415 (1:10.040)			
17 Patel, Panth	SR Johns Hopkins	15:33.97	2
34.606 (34.606)	1:47.489 (1:12.883)	2:58.512 (1:11.023)	4:08.732 (1:10.220)
5:18.319 (1:09.587)	6:29.065 (1:10.746)	7:41.756 (1:12.691)	9:00.810 (1:19.054)
10:19.786 (1:18.976)	11:39.248 (1:19.462)	13:00.053 (1:20.805)	14:21.889 (1:21.836)
15:33.963 (1:12.074)			
18 Amos, Tyler	FR Johns Hopkins	15:36.58	1
34.502 (34.502)	1:47.859 (1:13.357)	3:01.915 (1:14.056)	4:15.817 (1:13.902)
5:30.772 (1:14.955)	6:45.861 (1:15.089)	7:59.802 (1:13.941)	9:16.075 (1:16.273)
10:34.053 (1:17.978)	11:51.269 (1:17.216)	13:09.104 (1:17.835)	14:26.358 (1:17.254)
15:36.571 (1:10.213)			
19 Braun, Jeff	SR Johns Hopkins	15:37.31	2
33.576 (33.576)	1:47.064 (1:13.488)	2:58.022 (1:10.958)	4:09.262 (1:11.240)
5:20.560 (1:11.298)	6:33.537 (1:12.977)	7:49.048 (1:15.511)	9:05.358 (1:16.310)
10:24.232 (1:18.874)	11:43.805 (1:19.573)	13:05.044 (1:21.239)	14:25.358 (1:20.314)
15:37.303 (1:11.945)			
20 Watt, David	JR Haverford	15:39.97	2
35.798 (35.798)	1:49.140 (1:13.342)	3:00.643 (1:11.503)	4:11.490 (1:10.847)
5:24.678 (1:13.188)	6:40.479 (1:15.801)	7:59.245 (1:18.766)	9:14.764 (1:15.519)
10:32.558 (1:17.794)	11:50.755 (1:18.197)	13:10.742 (1:19.987)	14:31.794 (1:21.052)
15:39.969 (1:08.175)			
21 Parts, Vaughn	JR Swarthmore	15:43.20	2
36.019 (36.019)	1:49.406 (1:13.387)	3:01.713 (1:12.307)	4:14.722 (1:13.009)
5:28.867 (1:14.145)	6:43.445 (1:14.578)	7:59.452 (1:16.007)	9:15.203 (1:15.751)
10:32.156 (1:16.953)	11:50.089 (1:17.933)	13:09.295 (1:19.206)	14:29.012 (1:19.717)
15:43.195 (1:14.183)			
22 Wall, Liam	SR Johns Hopkins	15:43.65	1
35.344 (35.344)	1:48.553 (1:13.209)	3:02.639 (1:14.086)	4:15.908 (1:13.269)
5:31.193 (1:15.285)	6:45.697 (1:14.504)	8:01.705 (1:16.008)	9:19.632 (1:17.927)
10:37.253 (1:17.621)	11:55.113 (1:17.860)	13:13.308 (1:18.195)	14:30.373 (1:17.065)
15:43.646 (1:13.273)			
23 McDaid, James	JR Ursinus	15:51.54	2
35.030 (35.030)	1:48.477 (1:13.447)	3:00.280 (1:11.803)	4:12.133 (1:11.853)
5:27.101 (1:14.968)	6:43.953 (1:16.852)	8:01.238 (1:17.285)	9:18.247 (1:17.009)
10:37.836 (1:19.589)	11:57.382 (1:19.546)	13:19.611 (1:22.229)	14:40.530 (1:20.919)
15:51.535 (1:11.005)			
24 Hunter, Jack	SO Haverford	15:51.81	2
35.504 (35.504)	1:48.885 (1:13.381)	3:01.321 (1:12.436)	4:14.958 (1:13.637)
5:30.003 (1:15.045)	6:47.211 (1:17.208)	8:05.170 (1:17.959)	9:23.031 (1:17.861)
10:41.835 (1:18.804)	12:01.205 (1:19.370)	13:21.683 (1:20.478)	14:38.709 (1:17.026)
15:51.805 (1:13.096)			
25 Loalbo, Matthew	JR Dickinson	16:25.54	1
35.047 (35.047)	1:48.257 (1:13.210)	3:02.383 (1:14.126)	4:16.144 (1:13.761)
5:31.538 (1:15.394)	6:47.177 (1:15.639)	8:09.042 (1:21.865)	9:32.736 (1:23.694)
10:56.364 (1:23.628)	12:20.266 (1:23.902)	13:47.286 (1:27.020)	15:06.854 (1:19.568)
16:25.538 (1:18.684)			

**2019 Centennial Conference Outdoor Track & Field Championships - 5/3/2019 to 5**

**Muhlenberg College**

**Results**

**Event 37 Women 10000 Meter Run**

Conference: C 34:27.60 3/30/2017 Felicia Koerner, Johns Hopkins							
Meet Record: M 35:58.21 2013 Hannah Oneda, Johns Hopkins							
Name	Year	School	Finals	Points			
=====							
1	Johnston, Emma	SO Dickinson	38:45.17	10			
	1:25.655 (1:25.655)	2:59.608 (1:33.953)	4:36.931 (1:37.323)	6:12.949 (1:36.018)			
	7:46.882 (1:33.933)	9:20.655 (1:33.773)	10:54.610 (1:33.955)	12:26.527 (1:31.917)			
	13:59.351 (1:32.824)	15:33.334 (1:33.983)	17:04.662 (1:31.328)	18:36.388 (1:31.726)			
	20:07.418 (1:31.030)	21:38.536 (1:31.118)	23:10.940 (1:32.404)	24:43.545 (1:32.605)			
	26:14.821 (1:31.276)	27:47.350 (1:32.529)	29:21.510 (1:34.160)	30:55.386 (1:33.876)			
	32:30.918 (1:35.532)	34:06.846 (1:35.928)	35:42.971 (1:36.125)	37:17.142 (1:34.171)			
	38:45.163 (1:28.021)						
2	House, Sarah	JR Dickinson	38:45.35	8			
	1:26.080 (1:26.080)	2:59.938 (1:33.858)	4:37.202 (1:37.264)	6:13.301 (1:36.099)			
	7:47.228 (1:33.927)	9:21.004 (1:33.776)	10:55.001 (1:33.997)	12:26.877 (1:31.876)			
	13:59.771 (1:32.894)	15:33.678 (1:33.907)	17:04.990 (1:31.312)	18:36.716 (1:31.726)			
	20:07.730 (1:31.014)	21:38.874 (1:31.144)	23:11.273 (1:32.399)	24:43.920 (1:32.647)			
	26:15.184 (1:31.264)	27:47.806 (1:32.622)	29:21.923 (1:34.117)	30:55.747 (1:33.824)			
	32:31.276 (1:35.529)	34:07.258 (1:35.982)	35:43.330 (1:36.072)	37:17.523 (1:34.193)			
	38:45.344 (1:27.821)						
3	Cassidy, Tessa	JR Dickinson	38:45.78	6			
	1:26.265 (1:26.265)	3:00.222 (1:33.957)	4:37.534 (1:37.312)	6:13.546 (1:36.012)			
	7:47.498 (1:33.952)	9:21.305 (1:33.807)	10:55.342 (1:34.037)	12:27.245 (1:31.903)			
	14:00.137 (1:32.892)	15:33.986 (1:33.849)	17:05.295 (1:31.309)	18:36.947 (1:31.652)			
	20:08.071 (1:31.124)	21:39.177 (1:31.106)	23:11.584 (1:32.407)	24:44.214 (1:32.630)			
	26:15.489 (1:31.275)	27:48.109 (1:32.620)	29:22.276 (1:34.167)	30:56.017 (1:33.741)			
	32:31.646 (1:35.629)	34:07.576 (1:35.930)	35:43.466 (1:35.890)	37:17.935 (1:34.469)			
	38:45.774 (1:27.839)						
4	Kyle, Anna	JR Bryn Mawr	38:54.99	5			
	1:31.371 (1:31.371)	3:09.041 (1:37.670)	4:40.217 (1:31.176)	6:14.207 (1:33.990)			
	7:48.052 (1:33.845)	9:21.960 (1:33.908)	10:55.849 (1:33.889)	12:27.823 (1:31.974)			
	14:00.619 (1:32.796)	15:34.318 (1:33.699)	17:06.463 (1:32.145)	18:38.075 (1:31.612)			
	20:10.026 (1:31.951)	21:43.329 (1:33.303)	23:15.812 (1:32.483)	24:50.621 (1:34.809)			
	26:25.137 (1:34.516)	27:59.428 (1:34.291)	29:34.981 (1:35.553)	31:10.784 (1:35.803)			
	32:47.458 (1:36.674)	34:22.809 (1:35.351)	35:59.636 (1:36.827)	37:32.531 (1:32.895)			
	38:54.984 (1:22.453)						
5	Cassell, Elizabeth	FR Dickinson	39:01.33	4			
	1:26.585 (1:26.585)	3:00.527 (1:33.942)	4:37.848 (1:37.321)	6:13.771 (1:35.923)			
	7:47.793 (1:34.022)	9:21.565 (1:33.772)	10:55.638 (1:34.073)	12:27.600 (1:31.962)			
	14:00.480 (1:32.880)	15:34.256 (1:33.776)	17:05.598 (1:31.342)	18:37.251 (1:31.653)			
	20:09.041 (1:31.790)	21:42.678 (1:33.637)	23:15.629 (1:32.951)	24:50.386 (1:34.757)			
	26:25.627 (1:35.241)	28:01.702 (1:36.075)	29:37.170 (1:35.468)	31:11.941 (1:34.771)			
	32:47.817 (1:35.876)	34:24.354 (1:36.537)	36:00.369 (1:36.015)	37:34.573 (1:34.204)			
	39:01.329 (1:26.756)						
6	Miller, Isabella	FR Haverford	39:15.59	3			
	1:31.577 (1:31.577)	3:09.234 (1:37.657)	4:40.781 (1:31.547)	6:14.507 (1:33.726)			
	7:48.283 (1:33.776)	9:22.675 (1:34.392)	10:56.901 (1:34.226)	12:29.804 (1:32.903)			
	14:04.261 (1:34.457)	15:41.304 (1:37.043)	17:16.966 (1:35.662)	18:51.679 (1:34.713)			
	20:24.498 (1:32.819)	21:59.761 (1:35.263)	23:35.137 (1:35.376)	25:09.460 (1:34.323)			
	26:43.891 (1:34.431)	28:17.502 (1:33.611)	29:53.423 (1:35.921)	31:28.631 (1:35.208)			
	33:03.513 (1:34.882)	34:38.324 (1:34.811)	36:14.566 (1:36.242)	37:49.501 (1:34.935)			
	39:15.585 (1:26.084)						

**2019 Centennial Conference Outdoor Track & Field Championships - 5/3/2019 to 5****Muhlenberg College****Results****....Event 37 Women 10000 Meter Run**

7	O'Brien, Kathrin	FR Gettysburg	39:18.06	2
	1:37.037 (1:37.037)	3:15.158 (1:38.121)	4:50.570 (1:35.412)	6:25.674 (1:35.104)
	7:57.579 (1:31.905)	9:24.189 (1:26.610)	10:56.696 (1:32.507)	12:30.848 (1:34.152)
	14:05.135 (1:34.287)	15:41.465 (1:36.330)	17:17.131 (1:35.666)	18:51.406 (1:34.275)
	20:24.238 (1:32.832)	21:59.491 (1:35.253)	23:34.857 (1:35.366)	25:09.165 (1:34.308)
	26:43.642 (1:34.477)	28:17.297 (1:33.655)	29:53.138 (1:35.841)	31:28.367 (1:35.229)
	33:03.227 (1:34.860)	34:38.068 (1:34.841)	36:13.499 (1:35.431)	37:47.227 (1:33.728)
	39:18.057 (1:30.830)			
8	Petrichenko, Angelina	SO Haverford	39:21.35	1
	1:31.491 (1:31.491)	3:09.178 (1:37.687)	4:40.527 (1:31.349)	6:14.568 (1:34.041)
	7:48.467 (1:33.899)	9:22.959 (1:34.492)	10:57.106 (1:34.147)	12:30.487 (1:33.381)
	14:04.864 (1:34.377)	15:41.282 (1:36.418)	17:17.402 (1:36.120)	18:51.101 (1:33.699)
	20:23.970 (1:32.869)	21:59.199 (1:35.229)	23:34.582 (1:35.383)	25:08.895 (1:34.313)
	26:43.349 (1:34.454)	28:17.055 (1:33.706)	29:52.833 (1:35.778)	31:28.073 (1:35.240)
	33:02.949 (1:34.876)	34:37.780 (1:34.831)	36:14.231 (1:36.451)	37:49.215 (1:34.984)
	39:21.347 (1:32.132)			
9	Cordon, Natalia	FR Haverford	39:56.00	
	1:31.166 (1:31.166)	3:08.841 (1:37.675)	4:40.546 (1:31.705)	6:14.215 (1:33.669)
	7:48.197 (1:33.982)	9:22.364 (1:34.167)	10:56.480 (1:34.116)	12:30.154 (1:33.674)
	14:04.409 (1:34.255)	15:41.033 (1:36.624)	17:16.813 (1:35.780)	18:52.078 (1:35.265)
	20:26.708 (1:34.630)	22:01.550 (1:34.842)	23:37.799 (1:36.249)	25:15.468 (1:37.669)
	26:53.707 (1:38.239)	28:32.188 (1:38.481)	30:10.868 (1:38.680)	31:50.430 (1:39.562)
	33:29.963 (1:39.533)	35:08.531 (1:38.568)	36:47.780 (1:39.249)	38:24.379 (1:36.599)
	39:55.993 (1:31.614)			
10	Smith, Julia	SR Haverford	40:43.80	
	1:31.203 (1:31.203)	3:08.730 (1:37.527)	4:40.239 (1:31.509)	6:14.201 (1:33.962)
	7:48.023 (1:33.822)	9:21.517 (1:33.494)	10:56.221 (1:34.704)	12:30.028 (1:33.807)
	14:04.621 (1:34.593)	15:41.169 (1:36.548)	17:17.356 (1:36.187)	18:55.391 (1:38.035)
	20:33.943 (1:38.552)	22:11.822 (1:37.879)	23:52.205 (1:40.383)	25:34.212 (1:42.007)
	27:15.848 (1:41.636)	28:55.709 (1:39.861)	30:36.209 (1:40.500)	32:18.120 (1:41.911)
	34:00.084 (1:41.964)	35:43.678 (1:43.594)	37:28.838 (1:45.160)	39:12.619 (1:43.781)
	40:43.798 (1:31.179)			
11	Farber, Madeline	FR Swarthmore	41:08.66	
	1:39.310 (1:39.310)	3:20.067 (1:40.757)	5:04.204 (1:44.137)	6:45.732 (1:41.528)
	8:24.180 (1:38.448)	10:04.932 (1:40.752)	11:45.783 (1:40.851)	13:26.131 (1:40.348)
	15:06.657 (1:40.526)	16:47.941 (1:41.284)	18:28.900 (1:40.959)	20:10.406 (1:41.506)
	21:49.079 (1:38.673)	23:26.208 (1:37.129)	25:03.200 (1:36.992)	26:40.557 (1:37.357)
	28:17.488 (1:36.931)	29:53.733 (1:36.245)	31:29.527 (1:35.794)	33:06.360 (1:36.833)
	34:43.309 (1:36.949)	36:20.747 (1:37.438)	37:58.204 (1:37.457)	39:35.430 (1:37.226)
	41:08.658 (1:33.228)			
12	Reilly, Maura	SR Dickinson	41:38.28	
	1:26.677 (1:26.677)	3:00.985 (1:34.308)	4:38.204 (1:37.219)	6:13.854 (1:35.650)
	7:47.747 (1:33.893)	9:21.834 (1:34.087)	10:56.438 (1:34.604)	12:31.743 (1:35.305)
	14:08.013 (1:36.270)	15:43.813 (1:35.800)	17:23.443 (1:39.630)	19:05.660 (1:42.217)
	20:45.290 (1:39.630)	22:30.065 (1:44.775)	24:13.614 (1:43.549)	25:57.959 (1:44.345)
	27:42.695 (1:44.736)	29:27.722 (1:45.027)	31:14.120 (1:46.398)	33:00.848 (1:46.728)
	34:46.165 (1:45.317)	36:33.190 (1:47.025)	38:20.398 (1:47.208)	40:05.062 (1:44.664)
	41:38.276 (1:33.214)			

**2019 Centennial Conference Outdoor Track & Field Championships - 5/3/2019 to 5**

**Muhlenberg College**

**Results**

**....Event 37 Women 10000 Meter Run**

13	Smith, Sarah	SO Swarthmore	42:16.94		
	1:38.990 (1:38.990)	3:19.865 (1:40.875)	5:03.988 (1:44.123)	6:46.210 (1:42.222)	
	8:24.492 (1:38.282)	10:05.247 (1:40.755)	11:46.261 (1:41.014)	13:25.948 (1:39.687)	
	15:06.332 (1:40.384)	16:47.630 (1:41.298)	18:28.571 (1:40.941)	20:10.758 (1:42.187)	
	21:49.597 (1:38.839)	23:28.729 (1:39.132)	25:10.116 (1:41.387)	26:51.924 (1:41.808)	
	28:32.493 (1:40.569)	30:12.017 (1:39.524)	31:58.469 (1:46.452)	33:45.701 (1:47.232)	
	35:30.887 (1:45.186)	37:16.712 (1:45.825)	38:59.446 (1:42.734)	40:43.965 (1:44.519)	
	42:16.937 (1:32.972)				
14	Harten, Erin	SR Dickinson	42:23.82		
	1:38.556 (1:38.556)	3:17.073 (1:38.517)	4:56.840 (1:39.767)	6:37.371 (1:40.531)	
	8:18.935 (1:41.564)	10:00.840 (1:41.905)	11:43.115 (1:42.275)	13:26.469 (1:43.354)	
	15:07.601 (1:41.132)	16:52.678 (1:45.077)	18:38.399 (1:45.721)	20:21.977 (1:43.578)	
	22:01.598 (1:39.621)	23:42.254 (1:40.656)	25:23.597 (1:41.343)	27:07.442 (1:43.845)	
	28:52.558 (1:45.116)	30:36.650 (1:44.092)	32:15.939 (1:39.289)	33:58.122 (1:42.183)	
	35:41.955 (1:43.833)	37:23.524 (1:41.569)	39:06.586 (1:43.062)	40:48.845 (1:42.259)	
	42:23.815 (1:34.970)				
15	Hoagland, Margot	SR Gettysburg	43:05.13		
	1:36.509 (1:36.509)	3:14.835 (1:38.326)	4:52.234 (1:37.399)	6:30.321 (1:38.087)	
	8:07.374 (1:37.053)	9:44.576 (1:37.202)	11:22.458 (1:37.882)	13:00.381 (1:37.923)	
	14:38.271 (1:37.890)	16:16.589 (1:38.318)	17:55.661 (1:39.072)	19:35.171 (1:39.510)	
	21:14.517 (1:39.346)	22:54.206 (1:39.689)	24:36.157 (1:41.951)	26:19.815 (1:43.658)	
	28:03.952 (1:44.137)	29:46.989 (1:43.037)	31:31.697 (1:44.708)	33:20.259 (1:48.562)	
	35:09.957 (1:49.698)	37:06.491 (1:56.534)	39:06.446 (1:59.955)	41:08.430 (2:01.984)	
	43:05.127 (1:56.697)				
16	Fox, Madison	SR Gettysburg	45:08.31		
	1:38.745 (1:38.745)	3:19.727 (1:40.982)	5:03.806 (1:44.079)	6:47.094 (1:43.288)	
	8:30.816 (1:43.722)	10:17.420 (1:46.604)	12:02.791 (1:45.371)	13:49.865 (1:47.074)	
	15:37.494 (1:47.629)	17:25.952 (1:48.458)	19:16.476 (1:50.524)	21:05.873 (1:49.397)	
	22:56.284 (1:50.411)	24:45.727 (1:49.443)	26:35.920 (1:50.193)	28:28.362 (1:52.442)	
	30:19.626 (1:51.264)	32:11.245 (1:51.619)	34:04.527 (1:53.282)	35:57.274 (1:52.747)	
	37:49.888 (1:52.614)	39:41.664 (1:51.776)	41:33.283 (1:51.619)	43:23.772 (1:50.489)	
	45:08.304 (1:44.532)				
17	Ferguson, Lauren	FR Ursinus	45:16.25		
	1:39.566 (1:39.566)	3:20.203 (1:40.637)	5:03.502 (1:43.299)	6:46.863 (1:43.361)	
	8:30.523 (1:43.660)	10:17.134 (1:46.611)	12:03.592 (1:46.458)	13:51.187 (1:47.595)	
	15:39.838 (1:48.651)	17:27.718 (1:47.880)	19:15.866 (1:48.148)	21:05.517 (1:49.651)	
	22:56.220 (1:50.703)	24:53.471 (1:57.251)	26:49.390 (1:55.919)	28:41.023 (1:51.633)	
	30:31.623 (1:50.600)	32:23.446 (1:51.823)	34:17.223 (1:53.777)	36:10.022 (1:52.799)	
	38:02.839 (1:52.817)	39:56.403 (1:53.564)	41:48.790 (1:52.387)	43:38.384 (1:49.594)	
	45:16.250 (1:37.866)				

**Event 38 Men 10000 Meter Run**

=====					
Conference:	C	29:46.07	4/6/2012	Jordan Schilit,	Haverford
Meet Record:	M	31:07.49	2013	Chris Stadler,	Haverford
Name		Year	School	Finals	Points
=====					
1	Peet, Graham		SR Haverford	31:28.52	10
	1:18.014 (1:18.014)	2:37.597 (1:19.583)	3:52.696 (1:15.099)	5:09.699 (1:17.003)	
	6:25.904 (1:16.205)	7:44.004 (1:18.100)	9:02.039 (1:18.035)	10:20.859 (1:18.820)	
	11:39.462 (1:18.603)	12:58.028 (1:18.566)	14:16.359 (1:18.331)	15:34.823 (1:18.464)	
	16:52.154 (1:17.331)	18:05.966 (1:13.812)	19:20.469 (1:14.503)	20:35.335 (1:14.866)	
	21:49.446 (1:14.111)	23:03.975 (1:14.529)	24:17.739 (1:13.764)	25:32.833 (1:15.094)	
	26:47.205 (1:14.372)	28:00.986 (1:13.781)	29:14.234 (1:13.248)	30:25.032 (1:10.798)	
	31:28.514 (1:03.482)				



**2019 Centennial Conference Outdoor Track & Field Championships - 5/3/2019 to 5****Muhlenberg College****Results****....Event 38 Men 10000 Meter Run**

2	Descavish, Bryce	JR Dickinson	31:33.23	8
	1:17.747 (1:17.747)	2:37.310 (1:19.563)	3:52.917 (1:15.607)	5:09.819 (1:16.902)
	6:25.998 (1:16.179)	7:44.052 (1:18.054)	9:01.805 (1:17.753)	10:20.626 (1:18.821)
	11:39.217 (1:18.591)	12:57.786 (1:18.569)	14:16.104 (1:18.318)	15:34.596 (1:18.492)
	16:52.577 (1:17.981)	18:06.495 (1:13.918)	19:21.024 (1:14.529)	20:35.865 (1:14.841)
	21:50.186 (1:14.321)	23:04.251 (1:14.065)	24:18.049 (1:13.798)	25:33.093 (1:15.044)
	26:47.441 (1:14.348)	28:01.223 (1:13.782)	29:14.536 (1:13.313)	30:25.658 (1:11.122)
	31:33.228 (1:07.570)			
3	Madden, Conor	JR Haverford	31:47.03	6
	1:18.830 (1:18.830)	2:38.374 (1:19.544)	3:53.987 (1:15.613)	5:10.700 (1:16.713)
	6:26.982 (1:16.282)	7:45.012 (1:18.030)	9:03.340 (1:18.328)	10:22.375 (1:19.035)
	11:40.953 (1:18.578)	12:59.577 (1:18.624)	14:17.342 (1:17.765)	15:35.551 (1:18.209)
	16:53.355 (1:17.804)	18:06.958 (1:13.603)	19:21.456 (1:14.498)	20:36.326 (1:14.870)
	21:50.648 (1:14.322)	23:04.775 (1:14.127)	24:18.289 (1:13.514)	25:33.275 (1:14.986)
	26:48.411 (1:15.136)	28:05.556 (1:17.145)	29:24.498 (1:18.942)	30:41.631 (1:17.133)
	31:47.024 (1:05.393)			
4	Braun, Jeff	SR Johns Hopkins	32:02.88	5
	1:18.293 (1:18.293)	2:37.853 (1:19.560)	3:53.427 (1:15.574)	5:10.351 (1:16.924)
	6:26.451 (1:16.100)	7:44.486 (1:18.035)	9:02.850 (1:18.364)	10:21.772 (1:18.922)
	11:40.353 (1:18.581)	12:58.881 (1:18.528)	14:17.165 (1:18.284)	15:35.702 (1:18.537)
	16:52.853 (1:17.151)	18:06.763 (1:13.910)	19:21.249 (1:14.486)	20:36.098 (1:14.849)
	21:50.422 (1:14.324)	23:04.516 (1:14.094)	24:21.017 (1:16.501)	25:39.384 (1:18.367)
	26:57.600 (1:18.216)	28:15.079 (1:17.479)	29:31.754 (1:16.675)	30:49.099 (1:17.345)
	32:02.872 (1:13.773)			
5	Howe, Will	SO Johns Hopkins	32:08.89	4
	1:19.254 (1:19.254)	2:39.035 (1:19.781)	3:54.735 (1:15.700)	5:11.380 (1:16.645)
	6:27.535 (1:16.155)	7:45.402 (1:17.867)	9:03.640 (1:18.238)	10:22.762 (1:19.122)
	11:40.639 (1:17.877)	12:59.154 (1:18.515)	14:17.424 (1:18.270)	15:36.268 (1:18.844)
	16:53.943 (1:17.675)	18:08.099 (1:14.156)	19:23.930 (1:15.831)	20:39.943 (1:16.013)
	21:57.499 (1:17.556)	23:15.164 (1:17.665)	24:33.185 (1:18.021)	25:51.561 (1:18.376)
	27:10.684 (1:19.123)	28:27.893 (1:17.209)	29:43.745 (1:15.852)	31:00.028 (1:16.283)
	32:08.887 (1:08.859)			
6	Watt, David	JR Haverford	32:15.85	3
	1:18.598 (1:18.598)	2:38.115 (1:19.517)	3:53.780 (1:15.665)	5:10.534 (1:16.754)
	6:26.724 (1:16.190)	7:44.757 (1:18.033)	9:03.128 (1:18.371)	10:22.121 (1:18.993)
	11:40.829 (1:18.708)	12:59.386 (1:18.557)	14:17.709 (1:18.323)	15:35.981 (1:18.272)
	16:53.610 (1:17.629)	18:07.663 (1:14.053)	19:22.317 (1:14.654)	20:37.265 (1:14.948)
	21:55.684 (1:18.419)	23:14.846 (1:19.162)	24:32.820 (1:17.974)	25:51.022 (1:18.202)
	27:10.351 (1:19.329)	28:27.588 (1:17.237)	29:45.591 (1:18.003)	31:05.301 (1:19.710)
	32:15.848 (1:10.547)			
7	Parts, Vaughn	JR Swarthmore	32:21.54	2
	1:19.620 (1:19.620)	2:38.061 (1:18.441)	3:53.089 (1:15.028)	5:10.051 (1:16.962)
	6:26.180 (1:16.129)	7:44.255 (1:18.075)	9:02.580 (1:18.325)	10:21.454 (1:18.874)
	11:40.037 (1:18.583)	12:58.608 (1:18.571)	14:16.898 (1:18.290)	15:35.367 (1:18.469)
	16:53.175 (1:17.808)	18:07.342 (1:14.167)	19:23.450 (1:16.108)	20:39.509 (1:16.059)
	21:57.158 (1:17.649)	23:14.602 (1:17.444)	24:32.699 (1:18.097)	25:51.329 (1:18.630)
	27:10.501 (1:19.172)	28:28.435 (1:17.934)	29:47.736 (1:19.301)	31:06.391 (1:18.655)
	32:21.534 (1:15.143)			

**2019 Centennial Conference Outdoor Track & Field Championships - 5/3/2019 to 5****Muhlenberg College****Results****....Event 38 Men 10000 Meter Run**

8	Penfold, Brendan	FR Swarthmore	32:35.14	1
	1:18.965 (1:18.965)	2:38.743 (1:19.778)	3:54.033 (1:15.290)	5:12.249 (1:18.216)
	6:27.890 (1:15.641)	7:45.975 (1:18.085)	9:04.458 (1:18.483)	10:23.140 (1:18.682)
	11:41.271 (1:18.131)	12:59.903 (1:18.632)	14:18.033 (1:18.130)	15:36.611 (1:18.578)
	16:54.287 (1:17.676)	18:11.028 (1:16.741)	19:29.455 (1:18.427)	20:49.151 (1:19.696)
	22:08.556 (1:19.405)	23:28.476 (1:19.920)	24:47.198 (1:18.722)	26:07.422 (1:20.224)
	27:27.021 (1:19.599)	28:46.673 (1:19.652)	30:06.335 (1:19.662)	31:25.617 (1:19.282)
	32:35.136 (1:09.519)			
9	Hopkins, Duncan	SR Dickinson	32:38.05	
	1:17.492 (1:17.492)	2:36.998 (1:19.506)	3:52.449 (1:15.451)	5:09.440 (1:16.991)
	6:25.652 (1:16.212)	7:43.758 (1:18.106)	9:02.302 (1:18.544)	10:21.158 (1:18.856)
	11:39.770 (1:18.612)	12:58.310 (1:18.540)	14:16.635 (1:18.325)	15:35.096 (1:18.461)
	16:52.305 (1:17.209)	18:06.238 (1:13.933)	19:20.789 (1:14.551)	20:35.628 (1:14.839)
	21:50.957 (1:15.329)	23:05.162 (1:14.205)	24:22.596 (1:17.434)	25:43.234 (1:20.638)
	27:03.821 (1:20.587)	28:24.745 (1:20.924)	29:49.264 (1:24.519)	31:14.786 (1:25.522)
	32:38.046 (1:23.260)			
10	Joshi, Aditya	JR Johns Hopkins	32:50.70	
	1:20.467 (1:20.467)	2:39.910 (1:19.443)	3:57.767 (1:17.857)	5:15.650 (1:17.883)
	6:34.041 (1:18.391)	7:54.020 (1:19.979)	9:12.972 (1:18.952)	10:32.172 (1:19.200)
	11:49.985 (1:17.813)	13:06.906 (1:16.921)	14:24.000 (1:17.094)	15:41.636 (1:17.636)
	16:57.493 (1:15.857)	18:14.080 (1:16.587)	19:31.428 (1:17.348)	20:48.935 (1:17.507)
	22:08.385 (1:19.450)	23:28.726 (1:20.341)	24:48.534 (1:19.808)	26:09.844 (1:21.310)
	27:31.581 (1:21.737)	28:53.575 (1:21.994)	30:14.220 (1:20.645)	31:34.310 (1:20.090)
	32:50.693 (1:16.383)			
11	Miller, Michael	SR Gettysburg	33:30.73	
	1:20.927 (1:20.927)	2:40.458 (1:19.531)	4:00.814 (1:20.356)	5:21.445 (1:20.631)
	6:42.675 (1:21.230)	8:02.621 (1:19.946)	9:24.011 (1:21.390)	10:45.004 (1:20.993)
	12:06.298 (1:21.294)	13:27.591 (1:21.293)	14:49.207 (1:21.616)	16:11.857 (1:22.650)
	17:33.443 (1:21.586)	18:54.926 (1:21.483)	20:15.804 (1:20.878)	21:36.750 (1:20.946)
	22:58.042 (1:21.292)	24:19.158 (1:21.116)	25:39.599 (1:20.441)	26:58.585 (1:18.986)
	28:18.211 (1:19.626)	29:38.423 (1:20.212)	31:00.227 (1:21.804)	32:18.987 (1:18.760)
	33:30.727 (1:11.740)			
12	Voyack, Andrew	JR Ursinus	33:51.80	
	1:20.379 (1:20.379)	2:40.259 (1:19.880)	4:01.148 (1:20.889)	5:22.342 (1:21.194)
	6:43.404 (1:21.062)	8:03.469 (1:20.065)	9:24.883 (1:21.414)	10:46.925 (1:22.042)
	12:09.403 (1:22.478)	13:31.046 (1:21.643)	14:52.898 (1:21.852)	16:15.464 (1:22.566)
	17:38.382 (1:22.918)	18:59.676 (1:21.294)	20:22.749 (1:23.073)	21:45.814 (1:23.065)
	23:07.350 (1:21.536)	24:29.137 (1:21.787)	25:51.671 (1:22.534)	27:13.842 (1:22.171)
	28:36.623 (1:22.781)	29:59.491 (1:22.868)	31:21.837 (1:22.346)	32:42.311 (1:20.474)
	33:51.798 (1:09.487)			
13	Mears, Isaac	JR Johns Hopkins	33:54.72	
	1:19.728 (1:19.728)	2:39.079 (1:19.351)	3:55.642 (1:16.563)	5:14.132 (1:18.490)
	6:34.171 (1:20.039)	7:54.243 (1:20.072)	9:13.390 (1:19.147)	10:33.069 (1:19.679)
	11:54.869 (1:21.800)	13:17.696 (1:22.827)	14:39.696 (1:22.000)	16:00.846 (1:21.150)
	17:21.084 (1:20.238)	18:41.696 (1:20.612)	20:02.809 (1:21.113)	21:25.349 (1:22.540)
	22:48.374 (1:23.025)	24:12.547 (1:24.173)	25:37.823 (1:25.276)	27:02.189 (1:24.366)
	28:27.202 (1:25.013)	29:51.682 (1:24.480)	31:16.830 (1:25.148)	32:38.748 (1:21.918)
	33:54.718 (1:15.970)			

**2019 Centennial Conference Outdoor Track & Field Championships - 5/3/2019 to 5**

**Muhlenberg College**

**Results**

**....Event 38 Men 10000 Meter Run**

14 Powell, Daniel	JR Ursinus	34:12.95			
1:19.543 (1:19.543)	2:39.368 (1:19.825)	3:57.869 (1:18.501)	5:16.811 (1:18.942)		
6:39.891 (1:23.080)	8:02.612 (1:22.721)	9:24.235 (1:21.623)	10:45.251 (1:21.016)		
12:06.575 (1:21.324)	13:27.835 (1:21.260)	14:49.517 (1:21.682)	16:12.083 (1:22.566)		
17:33.746 (1:21.663)	18:55.322 (1:21.576)	20:18.222 (1:22.900)	21:41.695 (1:23.473)		
23:05.604 (1:23.909)	24:29.367 (1:23.763)	25:52.097 (1:22.730)	27:16.633 (1:24.536)		
28:41.913 (1:25.280)	30:04.845 (1:22.932)	31:28.812 (1:23.967)	32:53.861 (1:25.049)		
34:12.945 (1:19.084)					
15 Smurla, Pat	FR Muhlenberg	34:21.26			
1:19.430 (1:19.430)	2:40.139 (1:20.709)	4:00.936 (1:20.797)	5:21.972 (1:21.036)		
6:43.126 (1:21.154)	8:02.881 (1:19.755)	9:24.071 (1:21.190)	10:44.744 (1:20.673)		
12:06.854 (1:22.110)	13:28.067 (1:21.213)	14:49.826 (1:21.759)	16:12.299 (1:22.473)		
17:34.015 (1:21.716)	18:55.590 (1:21.575)	20:17.870 (1:22.280)	21:40.559 (1:22.689)		
23:05.586 (1:25.027)	24:30.861 (1:25.275)	25:55.410 (1:24.549)	27:21.368 (1:25.958)		
28:45.697 (1:24.329)	30:09.714 (1:24.017)	31:34.709 (1:24.995)	32:59.785 (1:25.076)		
34:21.252 (1:21.467)					
16 Neighbour, Patrick	FR Gettysburg	35:00.78			
1:20.758 (1:20.758)	2:42.548 (1:21.790)	4:06.732 (1:24.184)	5:31.416 (1:24.684)		
6:56.563 (1:25.147)	8:21.288 (1:24.725)	9:46.245 (1:24.957)	11:10.408 (1:24.163)		
12:34.670 (1:24.262)	13:58.696 (1:24.026)	15:22.552 (1:23.856)	16:46.255 (1:23.703)		
18:09.927 (1:23.672)	19:33.850 (1:23.923)	20:57.891 (1:24.041)	22:22.491 (1:24.600)		
23:47.217 (1:24.726)	25:13.081 (1:25.864)	26:39.306 (1:26.225)	28:05.320 (1:26.014)		
29:30.412 (1:25.092)	30:54.852 (1:24.440)	32:19.765 (1:24.913)	33:43.641 (1:23.876)		
35:00.778 (1:17.137)					
17 Doskoch, Graham	JR Swarthmore	35:57.28			
1:21.850 (1:21.850)	2:44.273 (1:22.423)	4:07.111 (1:22.838)	5:32.403 (1:25.292)		
6:56.901 (1:24.498)	8:21.556 (1:24.655)	9:46.538 (1:24.982)	11:10.590 (1:24.052)		
12:35.029 (1:24.439)	13:58.922 (1:23.893)	15:22.872 (1:23.950)	16:46.875 (1:24.003)		
18:11.580 (1:24.705)	19:36.365 (1:24.785)	21:02.234 (1:25.869)	22:29.452 (1:27.218)		
23:58.041 (1:28.589)	25:27.931 (1:29.890)	26:58.859 (1:30.928)	28:28.397 (1:29.538)		
29:58.302 (1:29.905)	31:28.889 (1:30.587)	33:00.714 (1:31.825)	34:31.092 (1:30.378)		
35:57.277 (1:26.185)					
18 Burg, Ethan	SR Dickinson	36:05.27			
1:21.233 (1:21.233)	2:40.829 (1:19.596)	4:01.448 (1:20.619)	5:22.546 (1:21.098)		
6:43.727 (1:21.181)	8:03.447 (1:19.720)	9:24.600 (1:21.153)	10:48.815 (1:24.215)		
12:17.519 (1:28.704)	13:46.314 (1:28.795)	15:14.570 (1:28.256)	16:43.252 (1:28.682)		
18:14.828 (1:31.576)	19:47.325 (1:32.497)	21:19.112 (1:31.787)	22:51.378 (1:32.266)		
24:20.285 (1:28.907)	25:49.018 (1:28.733)	27:16.592 (1:27.574)	28:44.033 (1:27.441)		
30:13.489 (1:29.456)	31:42.274 (1:28.785)	33:12.683 (1:30.409)	34:40.949 (1:28.266)		
36:05.270 (1:24.321)					

**Event 39 Women 4x100 Meter Relay**

=====						
Conference: C	47.57	2000		, McDaniel		
				Bayly, Falcone, Horn, McPherson		
Meet Record: M	48.28	2000		, McDaniel		
School					Finals	H# Points
=====						
1 Swarthmore	'A'				49.03	2 10
1) Holt, Lauren	SO			2) Camacho, Kayla	SR	
3) Vaules, Sayaka	JR			4) Khanna, Simran	SR	
2 Ursinus	'A'				50.07	2 8
1) Speranza, Gianna	SO			2) Coleman, Rachel	SO	
3) Rodebaugh, Molly	SO			4) Hunt, Kate	FR	
3 Haverford	'A'				50.23	2 6

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**Muhlenberg College**

**Results**

**....Event 39 Women 4x100 Meter Relay**

1) Antinori, Marisa JR	2) Lopez, Jessica SO			
3) Fukuda, Naomi FR	4) Reed, Jasmine FR			
4 Johns Hopkins 'A'		50.34	2	5
1) Bothwell, Haley FR	2) Nwankpa, Chinaza FR			
3) Ayuso, Marina SO	4) Raymond, Seye SR			
5 Dickinson 'A'		50.92	2	4
1) Bonwin, Wrutoe JR	2) Suess, Natalie JR			
3) Tabtiang, Liana JR	4) Thompson, Najji SR			
6 Muhlenberg 'A'		51.57	2	3
1) Durning, Kayleigh FR	2) Ferrizzi, Corrin FR			
3) Cooperstein, Emily JR	4) Mitchell, Emily SO			
7 McDaniel 'A'		54.30	1	2
1) Dixon, Rachel FR	2) Zajac, Hannah FR			
3) Case, Sarah FR	4) O'Hara, Riley FR			
8 Bryn Mawr 'A'		56.21	1	1
1) Billings, Katie SR	2) Mshvidobadze, Mariam FR			
3) Gonzales, Julie SR	4) Eaglin, Rachel FR			

**Event 40 Men 4x100 Meter Relay**

=====  
 Conference: C 42.23 5/6/2012 , Muhlenberg  
 Davis, Sullivan, Vaughn, Rice  
 Meet Record: M 42.23 2012 , Muhlenberg  
 Davis, Sullivan, Vaughn, Rice

School		Finals	Points
1 Johns Hopkins 'A'		42.43	10
1) Su, Matthew JR	2) Canedy, Justin FR		
3) Amoah, Nathaniel FR	4) Mollick, Alexander SR		
2 Ursinus 'A'		42.97	8
1) Carter, Octavious FR	2) Reilly, Tyler FR		
3) Williams-Jackson, Tyree FR	4) Bittenbender, Austin JR		
3 Haverford 'A'		43.95	6
1) Van Aken, Greg SR	2) Huang, Oscar SR		
3) Acheampong, Kofi SR	4) Lynch, Liam SR		
4 Swarthmore 'A'		44.42	5
1) Snyder, Justin SO	2) Eppley, Robert SR		
3) Belgaumi, Adil JR	4) Hejna, Benjamin SR		
5 Muhlenberg 'A'		44.55	4
1) Bessette, Mike SR	2) Rainone, Michael JR		
3) Lill, Zachary SO	4) Grigas, Scott FR		
6 Dickinson 'A'		44.66	3
1) Brandeis, Ben FR	2) Brick, Aaron FR		
3) Murphy, Michael JR	4) Randall, Garrett SO		
7 Gettysburg 'A'		44.96	2
1) Motill, Colin SO	2) O'Neil, Dylan JR		
3) O'Brien, Cael SO	4) Fernandez, Elijah SO		
8 McDaniel 'A'		45.18	1
1) Stambaugh, Nevin JR	2) Gallagher, Michael JR		
3) Sproul, Josh FR	4) Welcher, Samuel FR		

**2019 Centennial Conference Outdoor Track & Field Championships - 5/3/2019 to 5**

**Muhlenberg College**

**Results**

**Event 41 Women 4x400 Meter Relay**

Conference: C 3:48.52		5/22/2014		, Johns Hopkins	
Meet Record: M 3:53.74		5/2/2010		, Franklin & Marshall	
School		Finals	Points		
1 Swarthmore 'A'		3:58.24	10		
1) Camacho, Kayla SR		2) Khanna, Simran SR			
3) Covitz, Sydney JR		4) Holt, Lauren SO			
2:01.057 (2:01.057)	3:00.434 (59.377)	3:58.231 (57.797)			
2 Johns Hopkins 'A'		4:02.49	8		
1) Tyburski, Ashley FR		2) Miller, Hannah SR			
3) Brush, Erin SR		4) Neiman, Rachel SR			
2:01.204 (2:01.204)	3:00.583 (59.379)	4:02.487 (1:01.904)			
3 Franklin & Marshall 'A'		4:03.12	6		
1) Muccio, Kaitlin SR		2) Wylie, Rachel JR			
3) Greene, Laura FR		4) Natoli, Emily SO			
1:59.848 (1:59.848)	3:00.769 (1:00.921)	4:03.120 (1:02.351)			
4 Ursinus 'A'		4:08.19	5		
1) Gasser, Brittany FR		2) Coleman, Rachel SO			
3) Speranza, Gianna SO		4) Coleman, Michela FR			
2:01.975 (2:01.975)	3:05.270 (1:03.295)	4:08.181 (1:02.911)			
5 Dickinson 'A'		4:09.70	4		
1) Yanega, Sarah SO		2) Tabtiang, Liana JR			
3) Matala, Lilianna FR		4) Yanega, Allyson SO			
2:06.926 (2:06.926)	3:08.798 (1:01.872)	4:09.699 (1:00.901)			
6 Haverford 'A'		4:13.18	3		
1) Nwankpa, Sharon FR		2) Lopez, Jessica SO			
3) Small, Ruanna FR		4) Coletti, Julia SO			
2:07.952 (2:07.952)	3:11.081 (1:03.129)	4:13.171 (1:02.090)			
7 Muhlenberg 'A'		4:16.18	2		
1) Cabellos, Victoria JR		2) Noehrenberg, Alana SO			
3) Gibki, Nicole JR		4) Dalton, Abby FR			
2:06.827 (2:06.827)	3:12.796 (1:05.969)	4:16.176 (1:03.380)			
8 Gettysburg 'A'		4:22.29	1		
1) DeMichael, Danielle SR		2) Bell, Katherine SR			
3) Wesolowski, Paige SR		4) Campbell, Colleen SR			
2:09.960 (2:09.960)	3:14.442 (1:04.482)	4:22.282 (1:07.840)			
9 Bryn Mawr 'A'		4:25.97			
1) Wojcik, Kass FR		2) Parker, Carey FR			
3) Varnum, Haley SR		4) Kyle, Anna JR			
2:15.049 (2:15.049)	3:20.745 (1:05.696)	4:25.968 (1:05.223)			

**Event 42 Men 4x400 Meter Relay**

Conference: C 3:15.88		5/13/1995		, Haverford	
Meet Record: M 3:18.90		2002		, Gettysburg	
School		Finals	Points		
1 Ursinus 'A'		3:24.13	10		
1) Reilly, Tyler FR		2) Duncan-Taylor, Bradley FR			
3) Bittenbender, Austin JR		4) Kelly, Andre JR			
1:43.429 (1:43.429)	2:33.452 (50.023)	3:24.123 (50.671)			

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**Results**

**....Event 42 Men 4x400 Meter Relay**

2	Gettysburg 'A'			3:25.02	8
	1) Weller, Matthew FR		2) Heinbaugh, Steven FR		
	3) Grissinger, Nicholas SO		4) Cwiklinski, Thaddeus SR		
	1:44.467 (1:44.467)	2:35.308 (50.841)	3:25.012 (49.704)		
3	Johns Hopkins 'A'			3:25.26	6
	1) Brown, Jonathon SO		2) Dembinski, Robert SR		
	3) Mollin, Sam SO		4) Dixon, Alex FR		
	1:42.973 (1:42.973)	2:35.175 (52.202)	3:25.254 (50.079)		
4	McDaniel 'A'			3:25.60	5
	1) Samuels, Kai SO		2) Gibson, Gavin SR		
	3) Kisi, Mikyas JR		4) Gallagher, Michael JR		
	1:44.174 (1:44.174)	2:35.113 (50.939)	3:25.600 (50.487)		
5	Muhlenberg 'A'			3:26.44	4
	1) Ullmann, Luke SO		2) Bessette, Mike SR		
	3) Shanahan, Gregory SO		4) Morgan, Sam FR		
	1:43.329 (1:43.329)	2:35.399 (52.070)	3:26.433 (51.034)		
6	Swarthmore 'A'			3:26.58	3
	1) Raab, Judah SO		2) Snyder, Justin SO		
	3) Reyes, Jordan SR		4) Hejna, Benjamin SR		
	1:43.683 (1:43.683)	2:35.837 (52.154)	3:26.577 (50.740)		
7	Haverford 'A'			3:30.60	2
	1) Goings, Chris SR		2) Huang, Oscar SR		
	3) Kawakatsu, Hiro JR		4) Lynch, Liam SR		
	1:46.025 (1:46.025)	2:40.075 (54.050)	3:30.597 (50.522)		
8	Dickinson 'A'			3:32.56	1
	1) Riordan, Thomas JR		2) Brick, Aaron FR		
	3) Chandler, William SR		4) Brandeis, Ben FR		
	1:47.565 (1:47.565)	2:41.316 (53.751)	3:32.552 (51.236)		
9	Franklin & Marshall 'A'			3:45.82	
	1) Walsh, Ben JR		2) Lyman, Spencer SR		
	3) DiGregorio, Aaron SO		4) Hayman, Caleb FR		
	1:48.063 (1:48.063)	2:47.426 (59.363)	3:45.816 (58.390)		

**Event 43 Women 4x800 Meter Relay**

Conference: C 8:58.61 4/27/2013 , Johns Hopkins  
 Monagle, Popkin, Johnson, Shelton  
 Meet Record: M 9:08.05 2016 , Swarthmore  
 Reid-Shaw, Hannah, Nielsen, McMenamin

School	Finals	Points
1 Swarthmore 'A'	9:21.12	10
1) Himelein-Wachowiak, Kenzie SR	2) Novak, Emma SO	
3) Teszler, Rose FR	4) Covitz, Sydney JR	
2:22.150 (2:22.150)	4:44.907 (2:22.757)	7:06.104 (2:21.197)
		9:21.115 (2:15.011)
2 Dickinson 'A'	9:23.55	8
1) Matala, Lilianna FR	2) Yanega, Sarah SO	
3) Cardi, Isabel SO	4) Yanega, Allyson SO	
2:24.105 (2:24.105)	4:45.237 (2:21.132)	7:03.889 (2:18.652)
		9:23.548 (2:19.659)
3 Haverford 'A'	9:28.10	6
1) Kaulbach, Griffin SO	2) Jaycobs, Jolie JR	
3) Axinn, Amalia SO	4) Drew, Sophie SR	
2:22.622 (2:22.622)	4:44.338 (2:21.716)	7:11.926 (2:27.588)
		9:28.099 (2:16.173)
4 Franklin & Marshall 'A'	9:37.60	5

**2019 Centennial Conference Outdoor Track & Field Championships - 5/3/2019 to 5**

**Muhlenberg College  
Results**

**....Event 43 Women 4x800 Meter Relay**

1) Muccio, Kaitlin SR	2) Salerno, Alexis FR
3) Greene, Laura FR	4) O'Connell, Elizabeth FR
2:21.669 (2:21.669) 4:46.052 (2:24.383) 7:09.565 (2:23.513) 9:37.596 (2:28.031)	
5 Johns Hopkins 'A'	9:57.39 4
1) Wilkinson, Makenzie JR	2) Factora, Cassandra SO
3) Pinkerton, Abby FR	4) Ruan, Beatriz SO
2:26.081 (2:26.081) 4:53.509 (2:27.428) 7:26.779 (2:33.270) 9:57.383 (2:30.604)	
6 Gettysburg 'A'	10:08.26 3
1) Wesolowski, Paige SR	2) Campbell, Colleen SR
3) DeMichael, Danielle SR	4) Hill, Leah JR
2:36.524 (2:36.524) 5:08.056 (2:31.532) 7:37.933 (2:29.877) 10:08.253 (2:30.320)	
7 Bryn Mawr 'A'	10:22.36 2
1) McDonnell, Amelia FR	2) Keane, Sarah FR
3) Wham, Allegra SR	4) Kyle, Anna JR
2:29.644 (2:29.644) 5:09.854 (2:40.210) 7:50.485 (2:40.631) 10:22.358 (2:31.873)	
8 Ursinus 'A'	10:26.01 1
1) Engle, Riley SR	2) Ferguson, Lauren FR
3) Steele, Meredith SO	4) Conhoff, Rachel FR
2:29.861 (2:29.861) 5:21.892 (2:52.031) 7:57.602 (2:35.710) 10:26.007 (2:28.405)	
9 Muhlenberg 'A'	10:33.53
1) Gibki, Nicole JR	2) McCauley, Cameron SO
3) Hondorp, Gabby SR	4) Ng, Stephanie JR
2:32.041 (2:32.041) 5:11.790 (2:39.749) 7:54.121 (2:42.331) 10:33.525 (2:39.404)	

**Event 44 Men 4x800 Meter Relay**

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 Conference: C 7:34.20 4/27/2002 , Haverford  
 Bielecki, Johnstone, Ward, Rook  
 Meet Record: M 7:40.86 2014 , Franklin & Marshall  
 Generali, Pawlush, G. Olenginski, L. Olenginski

School	Finals	Points
1 Dickinson 'A'	7:47.09	10
1) Riordan, Thomas JR	2) Chandler, William SR	
3) Descavish, Bryce JR	4) Herrmann, Eric SR	
1:57.745 (1:57.745) 3:55.971 (1:58.226) 5:52.267 (1:56.296) 7:47.087 (1:54.820)		
2 Haverford 'A'	7:47.98	8
1) Woodhouse, Ian SR	2) Goings, Chris SR	
3) Kawakatsu, Hiro JR	4) Morgan, Greg SR	
2:00.067 (2:00.067) 3:55.096 (1:55.029) 5:53.179 (1:58.083) 7:47.979 (1:54.800)		
3 Swarthmore 'A'	7:49.22	6
1) Rothenberg, Ethan FR	2) Duarte, John FR	
3) Mick, Grayson SO	4) Warren, Benjamin SR	
1:58.619 (1:58.619) 3:55.954 (1:57.335) 5:53.071 (1:57.117) 7:49.213 (1:56.142)		
4 Johns Hopkins 'A'	7:54.60	5
1) Dembinski, Robert SR	2) Taylor, Giacomo SR	
3) Meyer, Jacob JR	4) Condotti, Alex SR	
1:58.532 (1:58.532) 3:57.137 (1:58.605) 5:55.827 (1:58.690) 7:54.593 (1:58.766)		
5 Gettysburg 'A'	8:00.18	4
1) Kenyon, Jack SO	2) Sheldon, Samuel JR	
3) McKeever, Dylan SO	4) Petrecca, Alex SR	
2:03.625 (2:03.625) 4:05.292 (2:01.667) 6:04.990 (1:59.698) 8:00.174 (1:55.184)		
6 Muhlenberg 'A'	8:01.52	3
1) Bibeau, Stuart SR	2) Shanahan, Gregory SO	
3) Funge, Chris SR	4) Richwall, Jason JR	
2:01.275 (2:01.275) 4:00.835 (1:59.560) 6:04.980 (2:04.145) 8:01.516 (1:56.536)		

**2019 Centennial Conference Outdoor Track & Field Championships - 5/3/2019 to 5**

**Muhlenberg College**

**Results**

**....Event 44 Men 4x800 Meter Relay**

7 McDaniel 'A'				8:02.32	2
1) Samuels, Kai SO		2) Kisi, Mikyas JR			
3) Gallagher, Michael JR		4) Gibson, Gavin SR			
1:59.588 (1:59.588)	4:02.952 (2:03.364)	6:05.722 (2:02.770)	8:02.318 (1:56.596)		
8 Ursinus 'A'			8:12.86	1	
1) Martinez, Edward FR		2) Maciel, Marcos FR			
3) McCarty, Colin FR		4) DeLia, John JR			
2:03.156 (2:03.156)	4:04.009 (2:00.853)	6:07.335 (2:03.326)	8:12.852 (2:05.517)		

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 Women - Team Rankings - 22 Events Scored  
 =====

1) Johns Hopkins	278	2) Swarthmore	171
3) Dickinson	115.50	4) Haverford	68.50
5) Ursinus	66	6) Franklin & Marshall	51
7) Muhlenberg	39.50	8) Bryn Mawr	34.50
9) Gettysburg	27.50	10) McDaniel	6.50

=====  
 Men - Team Rankings - 22 Events Scored  
 =====

1) Johns Hopkins	212.50	2) Swarthmore	122
3) Ursinus	118.50	4) Haverford	95.50
5) Dickinson	80	6) Gettysburg	76
7) Muhlenberg	75.50	8) McDaniel	55
9) Franklin & Marshall	17		